

the burleigh wave

theburleighwave.com.au

Community news for Burleigh, Miami, Palm Beach, Elanora and Varsity Lakes

Issue 01 | July 2024



SPECIAL
EDITION

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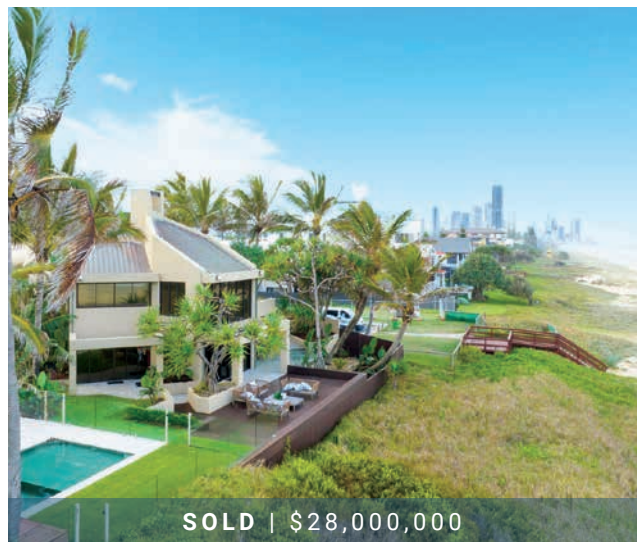
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This monumental transaction follows our previous feat of clinching the Gold Coast record with the sale of '41 The Promenade, Isle of Capri' for \$26,880,000. But our accomplishments don't stop there. We also seized the Queensland Apartment Record with the sale of 'Glasshouse' at '1/10 Goodwin Terrace, Burleigh Heads' for an impressive \$24,000,000.

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from the editor



Hello and welcome to the very first edition of a brand new community magazine, *The Burleigh Wave*.

We are all about celebrating what makes our community great. Within these pages, we will share uplifting stories, inspirational people, news from clubs and sports groups, local feature stories, history from the region and more.

Our monthly publication is an initiative of Northern Rivers Media, following on from the successes of our three Northern Rivers' magazines, *The Ballina Wave*, *The Lennox Wave* and *The Byron Wave*.

For our first edition, we've written a feature article with the Kokoda Youth Foundation about their Kokoda Challenge that's held every July across the Gold Coast to honour the diggers who fought along the 1942 Kokoda Track in Papua New Guinea.

We also have a profile on Ann Donnelly-Marshall, the coordinator of Beached @ Burleigh with Burleigh Church of Christ, where she and her team of volunteers provide essentials every week for those in Burleigh doing it rough.

Thanks for taking the time to read our communities stories. We hope you enjoy it as much as we enjoyed putting it together. Emma Marie Watson, Editor.

Contact us

Got a story? Get in touch.
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Email: editor@theburleighwave.com.au

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Acknowledgement of Country

The Burleigh Wave acknowledges that we are here on the land of the Bundjalung people. The Bundjalung are the traditional owners of this land and are part of the oldest surviving continuous culture in the world.

The fine print

Editorial content does not necessarily reflect the views of the Publisher. Care is taken to ensure accuracy at the time of print. No liability will be taken for inaccurate information provided by contributors or advertisers. We take no responsibility for the content or images within.



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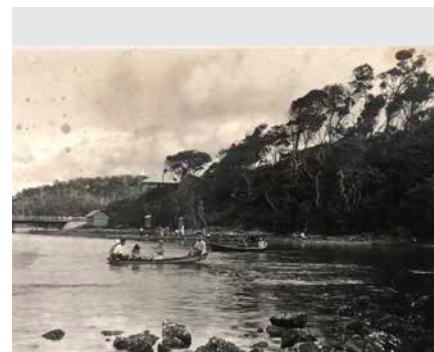
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What: Gold Coast Marathon
When: Saturday, 6 July - Sunday, 7 July
Where: Southport Broadwater Parklands

Celebrate the 44th edition of the Gold Coast Marathon. There are multiple events happening across the weekend, more details on page 12.



What: NAIDOC Week
When: Sunday, 7 July - Sunday, 14 July
Where: naidoc.org.au

This year's NAIDOC Week theme is Keep the Fire Burning! Blak, Loud and Proud. Find events happening near you on page 13.



What: Italian Renaissance Alive
When: Daily throughout July
Where: HOTA, Surfers Paradise

Experience the beauty and brilliance of the Italian masters in *Italian Renaissance Alive*, an immersive journey celebrating Europe's cultural rebirth. Event details on page 43.



What: Brisbane French Festival
When: Friday, 5 to Sunday, 6 July
Where: South Bank Parklands

Bastille Day is on Sunday, 14 July this year. Head up to Brisbane to celebrate early with the city's annual French Festival. More information on page 43.



What: Kokoda Challenge
When: Saturday, 13 July - Sunday, 14 July
Where: Gold Coast Hinterland

Participants of the Kokoda Challenge honour the diggers of the 1942 Kokoda Campaign by walking 96 km through the hinterlands. Read the feature story for more details on page 26.



What: Kirra Longboard Klassic
When: Friday, 26 July - Sunday, 28 July
Where: 60 Marine Parade, Coolangatta

The annual Kirra Longboard Klassic is back. Join a surfing workshop, learn about environmental activations, and cheer on the surfers from the shore. Find event details on page 57.

Monthly Markets

1st Sunday	Broadbeach Burleigh Heads
2nd Sunday	Coolangatta
3rd Sunday	Broadbeach Hope Island
4th Sunday	Burleigh Heads Paradise Point

Weekly Night Markets

Wednesday	Miami Surfers Paradise
Thursday	Emerald Lakes
Friday	Currumbin Dreamworld Miami Surfers Paradise
Saturday	Miami Clear Island Waters Surfers Paradise Dreamworld

Weekly Farmers Markets

Wednesday	Robina
Thursday	Currumbin
Saturday	Burleigh Heads Carrara Helensvale Palm Beach Main Beach Mudgeeraba
Sunday	Bundall Carrara Merrimac Miami Nerang Robina Surfers Paradise

For more information visit
destinationgoldcoast.com

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 **Lj Hooker**

Southern Gold Coast



Varsity Lakes upgrades



*Pictured: New playground mockup in Varsity Lakes.
Source: Gold Coast City Council.*

Playground installation

Division 11 Councillor, Dan Doran, announced in early June that construction had begun at the park on the corner of Bayswater Avenue and Tindari Place in Varsity Lakes to install a new playground. These works are estimated to be completed in the middle of July.

Improving parks, playgrounds and public spaces across Robina, Varsity Lakes and Burleigh Waters was a commitment made by Councillor Doran during the recent election.

Varsity Lakes boardwalk renewal project

Councillor Doran provided the community with an update that the Varsity Lakes boardwalk renewal project, which began in January, is progressing on schedule and expected to be completed this October. The project is a much needed update to the boardwalk as it'll ensure that more public spaces across the Gold Coast are suitable for people with a disability and limited mobility in accordance with the *Disability Discrimination Act 1992*. In the meantime, construction will be carried out between 7am and 5pm, Monday to Friday.

To keep up-to-date with construction work throughout Robina, Varsity Lakes and parts of Burleigh Waters, head to: Facebook / Councillor Dan Doran.

Preserving Miami's parks



Pictured: Mick Schamburg park. Source: Gold Coast City Council.

Councillor for Division 12, Nick Marshall OAM, recently announced several safety updates and initiatives that are being implemented across Mermaid Beach, Nobby Beach, Miami and Burleigh Waters to protect the parks and beachfront.

Annual Geotechnical Risk Assessment

The Gold Coast City Council (the City) has completed its annual assessments at Don MacSween and Mick Schamburg Parks in Miami. This is an important measure to ensure that the parks remain safe for all to enjoy.

Rock scaling at North Burleigh Headland

To prevent hazards over time, loose rocks were carefully removed from the slope, maintaining the integrity of the Headland. Further rock scaling work across the surrounding suburbs will take place throughout the year.

New dune fencing

The City has installed new fencing along the beachside of the rainbow stairs area at Miami Beach. This additional measure will protect the local community and visitors during severe weather conditions.

Greenheart Parklands Stage 1 completion



*Pictured: Greenheart Parklands.
Source: Gold Coast City Council.*

The Gold Coast City Council recently announced that Stage 1 of Greenheart Parklands is expected to be completed in the first quarter of 2025. The construction started in May 2023, and is the largest parkland development undertaken by Council in several years.

The Greenheart project is a significant opportunity to create a premier parkland for the Gold Coast community,

providing a new recreation area for Robina and the surrounding suburbs.

At the completion of Stage 1, Greenheart will have various standout features, making this a park of the future. It will contain a café and amenities building, yoga lawn, fully fenced space for toddlers and primary school aged children, water play area that includes leaf boat racing and sand play, barbecues, picnic tables, a lawn suitable for large community events, a ball sports area, outdoor gym, scooter and bike track, fenced dog off leash area, and both a car park and bus set down area.

The new Parklands are a key element to making accessible green spaces for the growing population on the Gold Coast. Spanning 257 hectares,

Greenheart is located across Merrimac and Robina, making this the largest parkland on the Gold Coast.

Throughout June, the Council called on locals to have their say on the proposed facilities at Greenheart through offering community consultation pop up sessions and the release of a resident survey. The results of these sessions and surveys are yet to be announced, but we look forward to reporting on them as the data becomes available.

Find out more about Greenheart Parklands by heading to: goldcoast.qld.gov.au or head to Facebook for frequent updates from Robina's Councillor, Dan Doran: Facebook / Councillor Dan Doran

Wildlife Rescue Vehicle: a lifeline for native species



Pictured: Wildlife Rescue Vehicle. Source: Gold Coast City Council.

In partnership with the Gold Coast City Council, Wildcare Australia has unveiled a vital resource for native wildlife: the Wildlife Rescue Vehicle. This collaboration marks a significant step in safeguarding the region's varied biodiversity, comprising over 3,000 species of native animals.

Wildcare Australia's volunteer program plays a central role in this initiative. The Wildlife Rescue Vehicle allows their dedicated volunteers to respond swiftly to wildlife emergencies, providing crucial assistance to injured, orphaned, and sick animals as well as reducing suffering and improving survival rates for vulnerable wildlife.

The Wildlife Rescue Vehicle is a repurposed city vehicle equipped with specialised medical facilities and transport crates. The mobile unit enables rapid response to various emergencies, from road accidents to habitat destruction.



Beyond its operational role, the vehicle serves as a platform for community engagement and education. Through outreach programs, the initiative aims to raise awareness about wildlife conservation and helps foster a compassionate approach to co-existing with wildlife and native species.

This initiative is a signature action under the Gold Coast City Council's strategy, *Our Natural City Strategy 2032*, a plan which aims to help preserve and enrich the natural environment within the city.

Over the next decade, the Gold Coast City Council will continue to focus on delivering projects like the Wildlife Rescue Vehicle to restore the environment, protect wildlife and provide more experiences for people to enjoy nature.

Report injured wildlife by calling Wildcare on ph: 5527 2444 and find out more at: wildcare.org.au

Gold Coast receives \$600K in Disaster Recovery Grants

In the aftermath of the Christmas storms that wreaked havoc across the Gold Coast, the City's Disaster Recovery Grants program has stepped in to provide essential financial assistance. Twenty-three community organisations and six wellbeing programs have been beneficiaries of this initiative, receiving a combined sum of \$600,000.

The grants program aims to aid not-for-profit organisations that play pivotal roles within our community. The funds have been instrumental in supporting local sporting clubs, performing arts organisations, the Currumbin Wildlife Hospital, and rural fire brigades to help repair damages.

Each of the selected community groups was offered up to \$20,000 and the wellbeing programs were offered up to \$100,000 for increased counselling services and psychological support.

One of the grant recipients is the Rapid Relief Team who are using their funding to provide 200 shelf-stable food boxes to residents impacted by the storms. These food boxes come at a much needed time to provide food and financial relief with the existing cost of living pressures.



Image source: Gold Coast City Council.

Get Mentally Fit is another recipient who received funding to deliver a series of workshops that will assist participants in implementing practical strategies to safeguard their emotional wellbeing following the storms.

For further information on the grants program, head to: goldcoast.qld.gov.au

2024-25 City Budget: keeping Burleigh affordable



Pictured: Council Transport and Infrastructure works. Source: Gold Coast City Council.

Last month, the 2024-25 City Budget was adopted by the Gold Coast City Council. The budget aims to give residents and businesses more value for money by keeping services and

rates at an affordable price to protect the unique Gold Coast lifestyle in tough economic conditions.

The budget acknowledges that as housing prices rise and our population grows, inflation is inevitable, and this is why the 2024-25 budget focus is on future-proofing the Gold Coast.

Much of the budget focuses on transportation on the northern end of the Gold Coast between Stapylton and Coomera, advising residents in these areas that they will have increased traffic while Council build onto roads to accommodate exponential population growth of the area which has occurred over the past few years.

In Burleigh Waters, one of the key initiatives of the budget is a bridge replacement over Lake Heron at Cassowary Drive. The Council has set aside \$8.5 million for this infrastructure change.

In Tallebudgera, the Council has budgeted \$5 million for Stage 2 developments of Old Coach Road.

Council has been investigating this project for a number of years and have mentioned that community consultation will be undertaken before finalising the design and starting construction. The main plan of this upgrade is to connect Old Coach Road to the Pacific Motorway at Exit 87.

Across the Gold Coast, the Council has budgeted \$172 million for Lifestyle and Community services and programs, \$290 million for Green Space and Environment, \$449 million for Transport and Infrastructure, and \$148 million for Business and Economy.

The Council will put \$321 million into safe and reliable drinking water, \$231 million into safe and reliable sewerage services, \$151 million into waste collection and disposal services and \$46 million into recycling services.

To stay up-to-date with how your suburb is implementing the budget, head to your local councillor's Facebook pages or visit: goldcoast.qld.gov.au for regular media releases.

Coast population boom

New data shows the rate of migration to the Gold Coast has continued to accelerate, with the population estimated to pass 700,000 this year. From the 12 months to 30 June last year, the Queensland Government Statisticians Office released a report that the city became home to 19,710 more people, growing the population to an estimated 682,490 people.

Official projections estimate that the population will reach one million within the next two decades, but at the current growth rate, predictions suggest we might hit one million people by 2037.

To manage the predicted growth, the Gold Coast City Council is forming a new City Plan that will cater for growth across every suburb of the Gold Coast. Mark Hammel, City Planning Chair, revealed that no suburb will be immune from growth.

A report on how the City Plan will manage this growth is due mid-next year by the City's Planning Advisory Group. This plan will not only tackle the housing crisis, but will look into supplying enough water, roads, and sewers for our population growth while at the same time, protecting and preserving the natural environment.

The current City Plan, along with an interactive map on what the Gold Coast City Council is looking to do for our city, can be found at: goldcoast.qld.gov.au

Matildas make history



Pictured: Matildas qualify for 2024 Paris Olympics after beating Uzbekistan. Source: The Australian.

The Matildas football team is headed to Paris for the 2024 Olympic Games. This announcement follows Australia's best ever finish in Olympic football with fourth in Tokyo.

The team features eight athletes who will become the first Australian footballers to compete at three Olympic Games. Three of the team are Gold Coasters, with Mackenzie Arnold and Tameka Yallop becoming three-time Olympians in Paris, and Hayley Raso returning for her second Olympic Games.

The Matildas will open their campaign the day before the Opening Ceremony, 25 July, against Germany in Marseille. They will play against Zambia in Nice on 28 July and the USA in Marseille on 31 July, with further games to be announced if they win their games (fingers crossed).



welcome

From the Publisher: Welcome to *The Burleigh Wave*



Milt Barlow

CEO/Publisher, Northern Rivers Media Pty Ltd

Launching in the Northern Rivers with *The Lennox Wave* some 21 years ago and expanding to Ballina Shire with *The Ballina Wave* and Byron Shire with *The Byron Wave*, the Waves have become integral parts of the Northern Rivers.

Our DNA is all about community. We are not a tourist magazine, we are not a political mouth piece ranting and raving. Our sole focus is on the communities for whom we publish. Each month we present local news, uplifting stories, historical background, sport and features on locals and local organisations that are the heartbeat of the area.

It is with great delight that we bring *The Burleigh Wave* to the communities of Burleigh Heads, Burleigh Waters, Miami, Palm Beach, Elanora, Varsity Lakes and surrounds. We have learnt, over the years, that there is very much life still in quality print

magazines that embrace the local community. In the past decade, we have seen the demise of local newspapers and magazines being replaced by the internet and social media. Our readers tell us there is something that is comforting in putting the phone, computer or tablet aside for a while and going back to sitting down, relaxing and having a good read. I was recently asked to speak at a Probus meeting and one gentleman said to me, 'I love reading *The Wave* each month and I know this sounds a bit funny, but I like to take a deep breath and smell the printers ink on the pages'. You can't do that on a mobile device.

If you have a local story or want to tell our community about your group, our *Burleigh Wave* editor, Emma Marie Watson, would love to hear from you. She can be contacted at editor@theburleighwave.com.au or call or text her on ph: 0414 500 068.

The Burleigh Wave is very much your magazine. If there are additional features, stories or comments you would like to make please do be in contact either with Emma or myself at milt@northernriversmedia.com.au

And finally, there would be no *Burleigh Wave* if it was not for the generous backing of our advertisers. Thank you for supporting our community.

I hope you enjoy our first issue, and we look forward to engaging each month.

Gold Coast welcomes *The Burleigh Wave*



Tom Tate

Mayor, Gold Coast

I welcome *The Burleigh Wave* to our city, bringing fresh ideas, editorial and images to readers across the coast.

The Gold Coast is a city on the move as we welcome more than 10,000 new residents every year.

With this growth comes challenges in areas such as public transport and housing, as well as preserving our green and open space.

Our City Plan supports sustainable growth and aligns with our transport strategy to ensure Gold Coasters, and the city's 13 million annual visitors, can move about the coast.

Right now, Burleigh Heads is experiencing strong growth with cranes in the sky and light rail tracks being laid from Broadbeach to the Burleigh precinct.

These works are building a better future and giving everyone the chance to use light rail as a reliable travel mode well into the future.

Council, in partnership with the State Government, has communication staff on-the-ground talking to businesses and the wider community about progress on the light rail project.

This project means people will have far greater choice in how they move about the city.

Council is also creating more open space, including the 320 hectare Greenheart Parklands at Robina, to ensure families have room to move and explore. The Parklands will also feature a range of new sports fields and facilities as we march towards the 2032 Olympics and Paralympics.

I look forward to continuing to work with all levels of government and the private sector to maximise the opportunities ahead for our city and Gold Coasters.



Parliamentarian column



The Hon Karen Andrews MP

Federal Member for McPherson

I'm pleased to welcome *The Burleigh Wave* to our city, to highlight new and important information for locals, and contribute to our community awareness about what's impacting them.

Gold Coasters usually sit firmly in one of two camps when we talk about the light rail project: for, or against.

However you may personally feel about the infrastructure, it does have an impact on local businesses - and the local people who run those businesses.

As we continue to see population growth in our city, we do need some form of transport infrastructure to support this growth and ensure accessibility and liveability - and thriving villages with local produce and products.

The third stage of the light rail extension, currently under construction, is impacting some of these businesses now around Burleigh, Mermaid Beach and Miami.

As a community, we need to rally behind these retailers and ensure we shop local so that we don't lose local.

As a former small business owner myself, I know how important it is to keep regular clients, especially if there's an unexpected downturn in business trading.

I would like to encourage locals to keep going out into our community and explore the region as it changes. Let's not be deterred by road works or footpath barricades when we need to grab our usual coffee, or parmigiana at our favourite shop or surf club.

It's going to mean the world to the community who run these very lifeblood businesses across the Coast.



Michael Hart MP

State Member for Burleigh

Welcome to the debut edition of *The Burleigh Wave*. As your State Member for Burleigh, it's an honour to address you in these pages and to share in the excitement of the launch our new community magazine.

As many of you may already know, after 11 years of service to our incredible community and the great State of Queensland, I have made the decision to retire from politics at the next election in October 2024. While this decision was not made lightly, I firmly believe it is the right time to step back and pursue new interests, while also ensuring I have more time to spend with my family.

Serving as the State Member for Burleigh has been an absolute privilege. Throughout my tenure, I have strived to be a strong and vocal advocate for our community, fighting tirelessly to address the issues that matter most to you. Whether it's advocating for vital infrastructure improvements, sensible transport options, securing resources for our schools, supporting local small businesses, or preserving the natural beauty of our coastline, I have always been guided by a deep commitment to serving the best interests of Burleigh.

The Opposition Leader, David Crisafulli, and the LNP team continues to push for solutions to the youth crime, health, housing, and cost of living crises confronting our State. Please be assured I understand how frustrating these issues are for you. We are listening, and we have the right priorities to get Queensland back on track.

I look forward to continuing to serve as your local representative right up to the election in October and remain committed to ensuring the Burleigh electorate is the best place you can live and raise a family in Queensland.

Byron Writers Festival building worlds from the ground up



Byron Writers Festival 2024 (9-11 August) has revealed an inspiring program packed with literary luminaries and new voices to discover. Themed *From the ground up*, the Festival will feature more than 150 writers, experts and storytellers over three days at Bangalow Showground. The Festival also offers workshops, a program for children and feature events in venues across the Northern Rivers region. You don't need to be a writer or a big reader to enjoy the Festival – it's all about being entertained and inspired by brilliant storytellers and big conversations across a myriad of topics.

Be delighted by best-selling author **Trent Dalton** in conversation with **Julia Baird**, actor-turned-novelist **Bryan Brown** in conversation with **Jennifer Byrne**, and novelist **Charlotte Wood** in conversation with memoirist **Ailsa Piper**. Take a deep dive into the wonder of the ocean with **James**

Bradley, marvel at the beauty of forests with **Professor David Lindenmayer** and learn more about Indigenous cultivation from **Bruce Pascoe**. Be inspired by AFL legend **Nicky Winmar**, environmentalist **Bob Brown**, Booker Prize winner **Richard Flanagan** and brilliant poet **Ali Cobby Eckerman**. Gain insight into international politics with former BBC correspondent **Nick Bryant**, ABC Global Affairs editor **John Lyons** and Indian academic **Meena Kandasamy**. Get behind the scenes with Midnight Oil's **Jim Moginie**, singer songwriter **Kate Ceberano**, and **Suzie Miller** whose smash-hit play *Prima Facie* has been adapted into a novel. Be inspired by Maori poet **Tayi Tibble**, PEN award-winning author and poet **Nam Le**, artist and poet **Jazz Money**, local hip hop artist **Mitch King** and winners of the **Australian Poetry Slam** at *Electric Poetics*, just one of the special evening events also on offer.

A single day pass gives you access to more than 30 different sessions on your chosen day for you to wander between as you choose. All sessions are under the cover of big marquees or in the A&I Hall. There are delicious food and coffee stalls, an artisan market and a large festival bookstore where authors will be signing their books. There are also family and child tickets for the Kids Big Day Out program that takes over one marquee on Sunday.

Byron Writers Festival 2024

When: 9-11 August

Where: Bangalow Showground and A&I Hall, NSW

Full program and tickets at: byronwritersfestival.com

Gold Coast Marathon: 6 - 7 July



The annual Gold Coast Marathon presented by ASICS is almost here. The 44th edition of the iconic event is set to be held over the weekend of Saturday, 6 July and Sunday, 7 July with the various courses spanning as far south as Miami and north to Paradise Point before finishing at Broadwater Parklands in Southport.

The ASICS Gold Coast Marathon starts bright and early at 6.15am on Sunday morning, but there are several other events taking place over the weekend.

Cheering from the sidelines as a member of the crowd contributes greatly to the atmosphere of the event and, of course, helps motivate the participants to get to the finishing line.

Saturday, 6 July

Half Marathon 21km – 6.15am

Gold Coast Airport 5km – 10.30am

Wheelchair 4km – 9.50am

Gold Coast Bulletin 4km Junior Dash – 10am

Gold Coast Bulletin 2km Junior Dash – 9.40am

Sunday, 7 July

ASICS Gold Coast Marathon 42km – 6.15am

CPL Wheelchair Marathon 42km – 6.10am

Southern Cross University 10km Run – 6.45am

Wheelchair 10km – 6.40am

Road closures will be in place from Paradise Point to Miami and will progressively reopen as events are completed. For further information about the event, go to: goldcoastmarathon.com.au

NAIDOC Week: 7 - 14 July



Pictured: This year's NAIDOC Week artwork. Artist: Deb Belyea

This year's NAIDOC week will be held across 7-14 July and will celebrate and recognise the history, culture and achievements of the Aboriginal and Torres Strait Islander peoples. This year's theme is **Keep the Fire Burning! Blak, Loud & Proud**, celebrating the unyielding spirit of Aboriginal and Torres Strait Islander communities and invites all to stand in solidarity, amplifying the voices that have long been silenced.

The NAIDOC Committee have explained that, 'The fire represents the enduring strength and vitality of Indigenous cultures, passed down through generations despite the challenges faced. It is a symbol of connection to the land, to each other, and to the rich tapestry of traditions that define Aboriginal and Torres Strait Islander peoples. As we honour this flame, we kindle the sparks of pride and unity, igniting a renewed commitment to acknowledging, preserving, and sharing the cultural heritage that enriches our nation.'

The NAIDOC Committee notes that, 'Blak, Loud and Proud encapsulates the unapologetic celebration of Indigenous identity, empowering us to stand tall in our heritage and assert our place in the modern world. This theme calls for a reclamation of narratives, an amplification of voices, and an unwavering commitment to justice and equality. It invites all Australians to listen, learn, and engage in meaningful dialogue, fostering a society where the wisdom and contributions of Indigenous peoples are fully valued and respected.'

NAIDOC week is filled with events, from educational sessions to markets selling Indigenous homewares, books, art, clothing, and more, there's plenty on offer around you. For more information on how to get involved, head to: naidoc.org.au

Get involved this NAIDOC Week with Kalwun

Kalwun is a Varsity Lakes based non-profit Aboriginal and Torres Strait Islander organisation. The group facilitates a wide range of services to the community, from health care to education services, and own Jellurgal Aboriginal Cultural Centre (Jellurgal) in Burleigh Heads.

Kalwun is hosting a variety of events this NAIDOC week:

Titans NAIDOC Community Day

When: Sunday, 7 July, 11am - 3pm
Where: Cbus Super Stadium, Robina

Hosted in partnership with Gold Coast Titans, Deadly Choices and the Preston Campbell Foundation, this event presents music and dance performances, food, kids activities, information stalls, and more.

NAIDOC Week Flag Raising

When: Monday, 8 July, 9am - 10.30am
Where: Kalwun Senior Services, Bonogin

Attendees will enjoy special performances, a flag raising ceremony, and talks from guest speakers.

Elders Yarn Up

When: Tuesday, 9 July, 6pm - 7pm
Where: Jellurgal

Hear local stories from a panel of Elders and what this year's NAIDOC theme means to them. RSVP required, email: naidoc@kalwun.com.au

Music Bingo and Trivia (15+)

When: Wednesday, 10 July, 7pm - 9pm
Where: KDV Sports - Carrara

Grab your Mob, name your team, and dress up. RSVP required, email: naidoc@kalwun.com.au

Aboriginal and Torres Strait Islanders Elders and Seniors Luncheon

When: Thursday, 11 July, 11am
Where: Currumbin RSL

All Aboriginal and Torres Strait Islander Elders, Seniors and their partners are invited to attend. RSVP required, email: naidoc@kalwun.com.au

NAIDOC Jarjums (Under 5s Event)

When: Thursday, 11 July, 11am - 12.30pm
Where: Jellurgal

All Jarjums and their carers are invited to attend for some fun and cultural activities. RSVP required, email: naidoc@kalwun.com.au

NAIDOC Week Celebration March

When: Friday, 12 July, 10am
Where: Coolangatta to Tweed Heads

Starting at Coolangatta Beachfront, attendees will march through Griffith Street before ending at the NSW Border for a Corroboree at Chris Cunningham Park.

For further information on Kalwun, head to: kalwun.com.au or go to: jellurgal.com.au to see how you can get involved with Jellurgal Aboriginal Cultural Centre this NAIDOC Week.

Volunteers needed across the Gold Coast

A new report has revealed an overall decline in volunteer participation across Queensland this year. The 2024 State Volunteering Report (SOVR) has called for urgent action to address this decline, and urges stronger support for the volunteering sector.

According to the SOVR, volunteering has been a significant contributor to Queensland's prosperity, saving the state an estimated \$31.3 billion in labour costs annually. Along with this, the report notes that workplaces with volunteer participation have experienced a 14.7% improvement in productivity, which demonstrates the immense benefits of volunteering.

These statistics show just how important volunteer participation is, but unfortunately, rates of involvement have dropped by 11.4% across Queensland and those who do volunteer are dedicating approximately 20% less time to their roles.



If you have the time, consider volunteering for a local organisation near you. From op shops to food banks, animal shelters to care homes, there are plenty of ways to get involved.

Want to learn more about volunteering? Go to: volunteeringgc.org.au

Celebrating selfless service across the Gold Coast



National Volunteer Week, which took place from 20-26 May, was a resounding success, with this year's theme, Something for Everyone, recognising the diverse passions and talents everyone brings to the act of volunteering. The week was brimming with activities and celebrations, showcasing the dedication and hard work of volunteers across the Gold Coast.

Kicking off the week was Volunteering Gold Coast's Service Milestone Awards, which honoured 60 of

their own volunteers, collectively amassing an impressive 165 years of service. It was a heart warming start to the week, highlighting the long-standing commitment of individuals towards making a difference in their community.

Throughout the week, the Volunteering Gold Coast team visited iconic locations such as the Currumbin Wildlife Sanctuary and Valley, Riding for the Disabled (RDA), celebrating and showcasing the story of volunteerism across the coast. This served as a reminder of the extensive impact of volunteerism and its essential role in the community.

The highlight of the week was the annual Cinema Night celebration at Event Cinemas Robina Town Centre. Volunteers associated with Volunteering Gold Coast and its members were treated to their private cinema. The event brought together 150 volunteers, creating a lively and celebratory atmosphere.

The evening commenced with the screening of *More Than Milk*, a film by Rain Knight of Good Knight Films, a dedicated student volunteer

and emerging filmmaker. The film depicted an inspiring initiative in rural India, showcasing how women were empowered through opportunities to generate income and assume leadership roles within their community, all through the gift of a cow. The volunteers were also treated to a screening of the blockbuster film, *The Fall Guy*, complete with popcorn and drinks, as a token of appreciation for their selfless contributions.

The Cinema Night was not only an enjoyable occasion, but also a means of expressing gratitude to the volunteers who have devoted their time and efforts to serve the Gold Coast selflessly. It provided a platform to reflect on their invaluable contributions and the profound impact they have made on the lives of others within the community.

National Volunteer Week 2024 was a testament to the unwavering spirit of volunteerism and the profound impact it has across the Gold Coast. The celebrations served as a heartfelt acknowledgment of the invaluable work done by volunteers and a reminder of the power of collective action in creating positive change.

Locals with disability helping police solve crime



Did you know a team of 35 people with disability, known as Supported Employees, is helping police solve crime in Burleigh? They produce around 3,000 forensic sampling kits per week and are a critical service for the local community.

They work for Aruma, one of the country's largest disability providers and charities, that operates a Forensics and Packaging social enterprise in Burleigh. The crew are responsible for producing a variety of high-quality medical packs, forensic packs and specialised products that help our men and women in blue.

'We are the only disability organisation with international certification to help police solve crime. In 2019, we gained an ISO 18385 certification, and we are one of just 14 companies worldwide to have that,' said Site Manager, Helen Karathanasis.

This certification authorises Burleigh Forensics and Packaging to produce forensic sampling kits that are virtually free of DNA. These kits reduce the risk of DNA evidence being compromised due to interference from contamination. Two years ago, they were making around 3,000 forensic sampling kits per month – that number is now what they make per week.

'Our Supported Employee's love that they are working in a job that gives back to the community. They take a lot of pride in the work they do and how they are part of the cycle to protect our communities. We are providing a critical service to the community and that's why the supported employees have so much pride. We help the police keep us safe,' continued Helen.

The kits they put together include drug testing kits, police trauma kits, DNA sampling kits, sexual assault investigation kits, coronial kits, roadside drug testing kits, and customised packs.

Aruma has a range of customers on the books for ISO 18385-certified kits, including Queensland Police Service, NSW Police Force and Australian Federal Police (AFP). Other testing kits are supplied to law enforcement agencies including Northern Territory Police and Tasmania Police.

Current Supported Employee, David Walmsley, who has



worked at Burleigh for a monumental 21 years, says it's a great place to work.

'I love forensics because I feel that the work that I do is important and is making a difference. I feel appreciated by the police. I love all parts of the work.'


His colleague, Daniel Ford, has recently celebrated 15 years at the site and agrees, sharing:

'The work I do is helping to solve crimes. My favourite part is checking the kits, having everything done correctly, then sealing the bag.'

While there have been many milestones to celebrate, the team say it's never too late to start.


'We are always looking for more Supported Employees to join our teams. We have opportunities at our Burleigh Forensics and Packaging site on Fremantle Street and our Facility Management team at Hutchinson Street. You don't need any prior experience, just a willingness to learn. We work hard as a team, but also have a lot of fun. We love to socialise and often have barbecues to celebrate special occasions like birthdays, Christmas, Human Rights Day, Employee of the Month, and we often get together with the Hutchinson Street team for some karaoke, pool and chess,' said Helen.

To learn more about these opportunities, head to the Aruma website: aruma.com.au or contact Aruma on ph: 1300 538 746.



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Burleigh based business pioneer skating inclusivity



Pictured: Rock N Slide, Councillor Nick Marshall and Matilda Wilson using the new skate frame at Pizze Park, Miami. Source: Facebook / Councillor Nick Marshall

Pizze Park in Miami has become a scene of inclusivity and camaraderie in the skateboarding community, with Burleigh based skateboarding company, Rock N Slide, recently unveiling their new skate frame specially designed and developed for people with disability and limited mobility to get involved in the sport.

The equipment was made in conjunction with Mermaid Beach Rotary Club, Ron Brightwell Trust and Gold Coast Sports & Recreation as part of the Active Inclusion Program (AIP).

The AIP is an initiative across the Gold Coast driving innovation and best practice within the sport, recreation, fitness and wellness industries. The goal of the AIP is to empower organisations within these industries with mentoring and investment, and developing sustainable inclusion programs for people with disabilities.

Matilda Wilson got to try out the frame on the launch day at Pizze Park, afterwards stating that the equipment is a game changer. 'It's so easy to maneuver and faster than anything I've used before. I love that my legs are free, and there's an element of risk that makes every ride exhilarating. With the wind in my hair, I feel like I can do anything! The element of risk adds to the thrill, making every ride feel like a daring adventure. Being part of the entire journey for this frame has been an incredible opportunity, making testing it all the more special.'

If you want to try out the frame, contact Skate Advantage, which is managed by the Rock N Slide team: rocknslideskateboarding.com

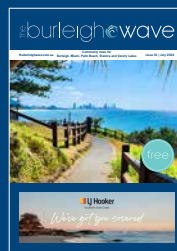


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The month in pictures

SeaFire Surfers Paradise: Saturday, 1 June



SeaFire images courtesy of photographer Peyman Sedghi @peymansedghifaran

Cooly Rocks On Festival: Wednesday, 5 June - Sunday, 9 June



Cooly Rocks On pictures courtesy of Paul and Donna Watson.

Spartan Trifecta Weekend: Saturday, 8 June - Sunday, 9 June



Spartan Trifecta Weekend pictures sourced from: Facebook / Spartan Race Australia/NZ



Spartan Trifecta Weekend pictures courtesy of Lana DiStefano.

Community in brief

Probus Club of Burleigh Waters



The Probus Club of Burleigh Waters' monthly walk went from Miami Surf Club to Nobby Beach Surf Club and return, followed by hot drinks at Miami Surf Club. Each month, the Club varies the walking area, and always ends with fellowship over hot drinks.

Thirty-seven of the group enjoyed a recent monthly outing which was a lunch at Tumbulgum Pub by the Tweed River, and our next outing will be BBQ in Schuster Park.

Two more new members were inducted at the monthly meeting and Tash Edwards spoke about the annual Swell Sculptures event which is held at Currumbin Beach area. Each month, the Club cap off with lunch at Robina Pavilion.

Southern Gold Coast 60 & Better



Pictured: Jerry Funnell's Naked Assassin Trilogy. Source: Gold Coast Libraries.

Southern Gold Coast 60 & Better Program Inc welcomes people over 50 for social connection and friendship at their two locations, Elanora and Palm Beach. The organisation offers a wide variety of activities, such as yoga, pilates, exercise and falls prevention classes, table tennis, cards, board games, men's fitness, men's social chat, conversation circle, art club, computer help, and more.

On Saturday, 20 July, local author, Jerry Funnell, will be speaking about his thrilling *Naked Assassin* trilogy. Come along to the free event at Southern Gold Coast 60 & Better Program to hear Jerry talk about his experience writing steamy thrillers.

Call Khye on ph: 5525 6466 for more information.

The Lions Club of Burleigh Heads



The Lions Club of Burleigh Heads is a group of 24 friendly members who fundraise in the community, primarily through BBQs, and as a group decide where funds will be distributed.

Some of the groups and individuals they have supported in the last financial year include the Lions Haven for the Aged, children's disability charities, literacy programs, school children, international period poverty, diabetes research, children's cancer, autism charities, eye health programs, domestic violence, and animal rescue programs. This year, the Lions have contributed \$26,000 into the community, but most importantly, they have had fun and built new friendships along the way.

If you are passionate about your community or would like the Lions to support your charity or community event, the group's president, Kyron Halleday, can be contacted on ph: 0411 143 163.



Probus Club of Miami Combined

The Probus Club of Miami Combined has had another fabulous few months of fun, friendship and fellowship in retirement.

Apart from the monthly meetings where members enjoy delicious morning teas followed by fascinating speakers, they also have a chance to participate in activities like barefoot

bowling, trivia, shuffle board and 10-pin bowling. The group has had day trips to NSW and Brisbane areas, and extended bus trips to places such as Stanthorpe, Yamba and Lightning Ridge, which was most popular. Train journeys to Bundaberg and Rockhampton were also well-received. Each month members are invited to attend a different local restaurant where a variety of cuisines are discovered.

Monthly outings are also arranged. In April to celebrate ANZAC day, members dined at the Currumbin RSL and on another day, attended the Gold Coast War Museum at Mudgeeraba.

All the members are looking forward to the Christmas in July luncheon where chatter, song, laughter and merriment is bound to happen.

Miami Combined Probus Club certainly promotes 'healthy minds and active bodies through social interaction and activities'.

Burleigh is bursting big-time for seniors.

Community in brief

Gold Coast Lapidary Club



The Gold Coast Lapidary Club, a vibrant community hub for gemstone and mineral enthusiasts, offers a welcoming space for individuals passionate about the art of lapidary. Located in the heart of the Gold Coast and open five days a week, the Club provides a range of activities and resources for members to explore the fascinating world of gem cutting, polishing, and jewellery making. The classes on offer cover Cabbing, Silversmithing, Faceting and Opal Cutting. Details below on what these classes entail:

- Cabbing is a stonecutting method which involves grinding wheels to polish and sculpt gemstones into beautiful shapes
- Silversmithing is a very popular hobby among our members. Learn how to create your own piece of jewellery
- Faceting. A facet is a gemstone that has been carefully cut and polished by a special machine to look like a diamond
- Opal Cutting workshop gives you the chance to discover Australian opals and release the fire within them.

At the core of the Club's mission is the promotion and education of lapidary arts. Members, from beginners to seasoned artisans, benefit from hands-on workshops, expert-led classes, and access to specialised equipment. These resources enable everyone to hone their skills and create stunning, handcrafted pieces.

In addition to practical skills, the Club fosters a strong sense of community. Regular meetings, social events, and field trips offer opportunities for members to share knowledge, collaborate on projects, and discover new mineral specimens. They also host exhibitions and gem shows, showcasing members' works and promoting appreciation for the beauty and craftsmanship of lapidary art.

Whether you're a hobbyist looking to learn something new or a dedicated lapidary artist seeking a supportive community, the Gold Coast Lapidary Club is the perfect place to pursue your passion and connect with like-minded enthusiasts. Join and uncover the endless possibilities within the world of lapidary.

For more information, head to: goldcoastlapidaryclub.com.au

Community meetings

Rotary Club of Burleigh Heads

When: 6.45am, every Thursday
Where: The Surf Club, 57 Goodwin Terrace cnr, Gold Coast Hwy, Burleigh Heads
Contact: 0438 225 820
burleighheadsrotary@gmail.com

Gold Coast Tweed Bonsai Club

When: 10am - 4pm, 2nd Saturday of the month
Where: Carrara Community Centre
Contact: goldcoastbonsaiclub@gmail.com

Dragons Abreast Gold Coast Paddling

When: 8am - 9.30am, every Tuesday and Sunday
Where: Durigan Street, Currumbin
Contact: 0413 200 368
webdagc@gmail.com

The Lions Club of Burleigh Heads

When: 7pm, 1st and 3rd Tuesday of the month
Where: Burleigh Heads Surf Club
Contact: Kyron Halleday ph: 0411 143 163

Beached @ Burleigh, Food for Help

When: 8.30am - 10.30am, every Friday
Where: Burleigh Heads Church of Christ
Contact: Ann ph: 07 5576 4677
admin@bcc.org.au

Probus Club of Burleigh Waters

When: 8.30am, 3rd Monday of the month
Where: Burleigh Sports Club, 111 Christine Ave
Contact: Trevor ph: 0408 660 752

Weekly Mens Group

When: 6.45pm, every Wednesday
Where: Robina
Contact: 0422 508 533

Retired OnLine Inc

When: 10am, 1st and 3rd Monday of the month
Where: Palm Beach Share and Care
Contact: 0481 318 688

Social Chess - ChessNuts

When: 9am - 2pm, every Monday and Friday
Where: Lynne Richardson Community Centre
Contact: Ray ph: 0411 520 833

To have your community meeting listed, email the details to: editor@theburleighwave.com.au

Business Cyber Safety in Queensland

In today's digital age, cyber security is an essential aspect of any business, particularly given online activities are integral to all business operations.

As the threat of cybercrime continues to escalate in Australia, greater awareness and preventative measures are crucial. According to the latest Annual Cyber Threat Report 2021-2022, the Australian Cyber Security Centre recorded a staggering 76,000 cybercrime reports, representing a 13% increase from the previous financial year. Queensland (29%) and Victoria (27%) report disproportionately higher rates of cybercrime relative to their populations in 2021-2022.

With an alarming rate of one cybercrime report made every seven minutes, it's clear that the problem is only getting worse.

What is cyber security and why is it important?

Online threats can lead to significant issues such as brand and reputational damage; loss of confidential data and exposure of sensitive information; business and operational disruption; and legal consequences such as fines and legal battles if found negligent. Adopting best practice cyber security processes is therefore crucial for:

- preventing loss: Protecting your business from data breaches and cyber attacks
- maintaining legislative compliance: Ensuring adherence to data protection laws
- building customer trust: Demonstrating commitment to safeguarding customer information
- maintaining business continuity: Ensuring that your business operations remain unaffected by cyber threats.

Cyber security refers to the tools and techniques used to protect IT data and systems from attacks and loss.

Legal obligations

If your business handles personal data, you are legally obligated to meet data protection requirements. Failure to do so can result in fines and legal action. Ensuring compliance not only avoids penalties but also enhances your business's credibility.

Protecting your business

Business Queensland advises that to protect your business from cybercrime, consider the following steps:

- utilise resources from ACSC: The Australian Cyber Security Centre (ACSC) offers guidelines on enterprise mobility, remote desktop security, and device protection
- implement multi-factor authentication: This adds an extra layer of security to prevent unauthorized access
- educate your staff: Training employees on cyber security practices is crucial in protecting data
- sign up for alerts: Stay updated on the latest threats by subscribing to ACSC alerts

- regularly back-up data: Ensure data is backed up to the cloud or an external drive to prevent loss.

Online security and fraud

Maintaining a secure online environment is vital for protecting customer information and building trust. Implementing online security policies can help manage risks effectively. Fraud protection measures include:

- securing bank accounts: Protect financial information with robust security measures
- managing access: Restrict access to personal and financial data
- conducting background checks: Vet staff and contractors thoroughly
- using IT system security: Employ suitable IT security systems
- purchasing insurance: Consider insurance for added protection.

Protecting data, hardware and software

Guarding your IT infrastructure against external threats involves installing Anti-Virus Software; securing networks; enabling wireless network security and changing default passwords; using strong passwords; and backing up data regularly.

Domain Name protection

Your domain name is critical to your online presence. Ensure it is renewed on time to avoid losing control, which can lead to phishing scams and other cybercrimes.

Internal threats

Internal threats can stem from staff negligence or malicious intent. Mitigate these risks by:

- restricting access: Limit IT system access to authorised personnel
- creating IT policies: Develop and enforce comprehensive IT policies
- monitoring devices: Assess risks associated with connecting personal devices to the network.

Seeking specialist help

For those not confident in managing cyber security, hiring specialists can be beneficial. Ensure you understand the services provided and choose a plan tailored to your business needs.

By implementing these measures, businesses in Queensland can effectively safeguard their operations against cyber threats, ensuring long-term stability and customer trust.

For more information on making your business cyber safe in Queensland, visit: business.qld.gov.au/running-business/digital-business/online-risk-security



Growing your small business at the library



Pictured: Burleigh Heads Library. Source: Gold Coast Libraries.

If you haven't popped down to your local library recently you may not be aware that you could be using a free resource that could help grow your small business.

Becoming a member at your library gives you access to a wealth of support and resources tailored to budding entrepreneurs. From research assistance to online business courses with LinkedIn learning, the library offers invaluable tools to help you develop your business ideas and side hustles.

One of the standout features of Gold Coast libraries is the dedicated business eLibrary. This resource hub is packed with information and materials specifically curated to support business development. Additionally, the libraries regularly host workshops and events delivered by industry experts, providing an excellent opportunity to gain insights, network, and learn from those who have successfully navigated the business world.

For those working in hybrid arrangements, the libraries offer a change of scenery to boost productivity. You can book a room for meetings or settle into one of the available desks to work in a quiet, focused setting. Not only are the libraries equipped with meeting rooms, but there is also free Wi-Fi, print and scan services, and PCs, making it a convenient and cost-effective alternative to renting an office space.

The Gold Coast library website is continually updated with new events and business-related news. To find out what's happening at your local library, head to: goldcoast.qld.gov.au/libraries



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The history of surfing in Burleigh

by Peter Harris, Gold Coast Surf World



Pictured left: 1970s original Dick Van Straalen Surf Shop on 5th Avenue. Surfers left to right, Eric Van Druten, Dick Van Straalen, Thornton Fallander, Peter Harris, Joe Engel, Dave McDougall, Greg Percy and Paul De Paiva. Photographer: Dick Hoole.



Pictured right: Peter Drouyn's iconic powerful bottom turn in the 1977 Stubbies Surf Classic where he introduced the world's first man-on-man contest format. Photographer: Dick Hoole.

Burleigh Heads is the first headland south of Brisbane and its traditional inhabitants were the Kombumeri people who named the area Jellurgal. Today, it retains its unique image with an enduring Indigenous history and a national park that runs from Tallebudgera Creek to the inside of the point.

From the early 1900s, surfing pioneers were drawn to the clean, peeling waves of Burleigh Heads.

These first surfers rode long, hollow 'toothpicks' made of plywood and then the designs advanced from the solid balsa 'hot curls' and on to the 'okanuis' shapes. It was around 1958 when modern materials became available and fibreglass coated, polyurethane surfboards started to appear. These boards were considerably lighter and more manoeuvrable which better suited the deep hollow waves of Burleigh Point.

In the mid to late 60s, Laurie Hohensee and Peter Drouyn were the main surfboard shapers focusing and refining their board's shapes specifically for Burleigh. During this time other shapers, such as Rick Neilsen, also contributed to designing surfboards that were custom made for this long tubular wave.

In 1967, when the short board revolution began, Burleigh really came into its own as a popular surf spot. With shorter, much looser surfboards under their feet, local surfers suddenly had the ability to weave their way through the challenging twists and turns of the infamous Burleigh Barrel.

By the 1970s, Burleigh was recognised globally as a world-class break, and in that time, Dick Van Straalen had emerged as one of the most popular shapers for anyone wanting to surf the Point. Dick's designs were handcrafted and custom made,

sleek, lightweight guns, that had the speed to make these super-fast tube sections. Whilst his famous Surf Shop, which was located on the highway between 5th and 6th Avenue, became a hub for surfers who would converge and hang out on its front steps, right up until it's closure in the mid-70s, when he moved to his factory on the other side of the highway.

Later in that same decade, Paul Hallas opened his new surf shop, Hot Stuff Surfboards, a few doors down from where the Van Straalen shop used to be. Hot Stuff had shapers such as Neil Purchase Senior, Gill Glover and Allan Byrne who were handcrafting beautiful high-performance surfboards with channel bottoms. Just as with Dick Van Straalen, Hot Stuff Surfboards also became synonymous with Burleigh.

In its competitive surfing history, Burleigh was the site of the first inter-club contest on the Gold Coast which was held in the 1960s and then went on to host numerous Queensland and Australian title events. In 1977, Burleigh was the break chosen to hold the first of the ground-breaking Stubbies Surf Classics, which introduced the modern era of competitive surfing to the world by using a revolutionary man-on-man judging format created by the enigmatic champion surfer and shaper, the Gold Coast's own Peter Drouyn.

Since those early days of competition, Burleigh Point regularly hosts World Qualifying Series and World Championship Tour rated events such as the Gold Coast Surfing Open and also popular grass roots surfing festivals such the Burleigh Single Fin. For the first time this year, the Australian Boardriders Battle of which the local Burleigh Boardriders were crowned the 2024 champions, was held here.



The origin of Burleigh Heads

by Gold Coast Historical Museum



Pictured above: Tallebudgera Creek, Burleigh Heads in the late 1920s or early 1930s.

Burleigh Heads history extends far beyond the 1840s, when the pioneering timber getters arrived and started opening up the land. The local Kombumerri Aboriginal people have a history that extends back thousands of years and recognise the headland as Jellurgal.

European settler history

The first reasonably detailed survey of the Coast from the Tweed to Southport was done in the early 1840s by Robert Dixon, a surveyor from England. Accounts suggest Dixon was a colourful character and liked to buck the system. Despite this trait, he still named places after superiors. "Dixon originally called Tallebudgera Creek, 'The River Perry' and in calling it a river he was more accurate than those who described it as a creek, for it is in fact a fair-sized river".

By the 1890s the name Burleigh Heads had stuck, despite earlier incantations such as Burly Head, Burley and Burleigh Head.

Around 1862 the first pioneering slab hut was built at Burleigh Heads by 'a cedar-getter named Bozier'. His daughter Elizabeth married Frederick Fowler, and in the late 1880s built a hotel and boarding house known as Burleigh Heads Hotel, one of the first to be erected at Burleigh, with his wife and daughter Emily, running the first receiving office from a small room in the hotel. In 1924 Mrs Fowler told a reporter, 'I remember a corroboree near the beach with hundreds of Aborigines taking part. As soon as night fell they assembled and the dancers were painted and feathered.

The scene was lit by camp fires and one large Aborigine went around to each one of the dancers with a huge bark torch, which he thrust into the faces as if looking for someone.'

The traditional owners of Burleigh Heads

'Part of the present Burleigh Head National Park was sacred ground and part belonged to their spirit hero, Javreen (or Jabreen) who slept there after swimming to the horizon and back while passing through the Gold Coast area. Kombumerri credited Javreen with the gift of the moon, as well as the rainbow', wrote former Mayor Sir Bruce Small in the early 1980s. The Headland was used as a lookout in search of important marine food sources such as fish, turtles and dugong.

Aboriginal history is also on display at Jebribillum Bora Park, north of the Headland, along the highway at Burleigh. It is one of the last intact bora rings on the Gold Coast and has survived numerous attempts at development. Writing in 1946, Nerang local, Lena Cooper said, 'These bora rings seem to have been used for social gatherings as well as the kippering of young lads. Here, when quite young the boys' future wives were chosen for them and they were betrothed.'

In the coming decades, Burleigh Heads will continue to transform but it is important to recall that only a few hundred years ago, Burleigh Heads was a largely untouched natural paradise, being a feasting ground for Aboriginal tribes and a place of initiation ceremonies.

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Southern Gold Coast

Ann Donnelly-Marshall: Beached @ Burleigh

by Emma Marie Watson



Many of us have had to come face-to-face with the cost of living crisis, whether that's facing our own financial hardship or witnessing the effects of the crisis on our community, but as prices rise, there is a group of individuals who have decided to lend a hand.

Ann Donnelly-Marshall is the Manager for the Burleigh Church of Christ Op Shop located on 174 West Burleigh Road. Not only does Ann manage the op shop, but she's the person in charge of organising the Church's Beached @ Burleigh program.

Beached @ Burleigh is the overarching umbrella for many of the services Burleigh Church of Christ provides, such as an affordable op shop, weekly Food Help program, and their partnership with Orange Sky, a charity based in Brisbane providing a free laundry service for people who are homeless.

Each Friday, Ann and a group of volunteers come together to assist local community members who are in need. This service gives people who require some extra help the opportunity to get some of their weekly groceries, enjoy a coffee and sausage sizzle, wash their laundry, shower, and socialise, all for free. Along with Orange Sky, Burleigh Church of Christ works closely with Oz Food Harvest, Second Bite and Woolworths at Stocklands, who donate perishable grocery items to the organisation.

I took a trip to Burleigh Church of Christ one Friday morning to see what Beached @ Burleigh was all about. As I arrived at the Church, there was an immediate relaxed energy flowing throughout the building despite the hustle and bustle of people coming in and out with groceries in their hands or a bag of clean laundry. It was immediately obvious that there was something great about Ann: there was barely a minute between hugs and people calling out to her, thanking her or asking for help.

Prior to joining the team as an administrator, Ann was a member of the Church. As Ann began to develop close relationships with team members of the Church, they offered her a permanent position. 'I was reluctant to join the team

at first as my background is in nursing and I didn't know if administration was right for me.' But now, six years later, this is her most rewarding role yet.

Ann has been an integral element to helping Beached @ Burleigh grow. The Food Help service began under a different name prior to COVID, Glimmer of Light. The service initially catered to 15 people per week and gave out pre-made hampers. But as the needs of the community grew, so did Beached @ Burleigh, giving the Church the opportunity to slowly add more services as time went on and things got tougher for the locals.

Ann's volunteers make 150 meals in preparation for Beached @ Burleigh each week, using ingredients bought by the Church and items donated from Oz Harvest and Second Bite. They have a range of meat, vegetarian and vegan meals, ensuring they provide for all the different requirements of the people in need.

The volunteers at Beached @ Burleigh are from all walks of life, with many of them being past recipients of the Food Help program. Some of these members offer specialised services to the community for no charge, such as providing assistance with applying for housing and Centrelink services.

Every year, Beached @ Burleigh estimates that they provide over 2,000 free food hampers, 6,000 pre-made meals, a whopping 2,500 sizzled sausages and share 1,500 coffees with the local community.

Each month, Ann puts a call out to the community for donations for the Food Help service. This month, the Church is asking for donations of sweet biscuits and savoury crackers.

You don't have to be a member of the Church to participate in the Beached @ Burleigh program, this is open for all Burleigh residents, regardless of religion, who are facing financial hardship. If you need some extra help, want to donate items or volunteer, contact Ann for more information: admin@bcc.org.au or head to the Burleigh Church of Christ website: bcc.org.au

Honouring the Spirit of Our Kokoda Diggers

by Kokoda Youth Foundation and Emma Marie Watson



From July to November 1942, Australian and Japanese military forces fought in Papua New Guinea in what is now known as the Kokoda Campaign. The Japanese military force landed in Gona on the north coast of Papua and their objective was to seize Port Moresby, on the south coast of the country.

This battle was fought on foot between the two sides, spanning a massive 96 kilometre distance and lasting several months before the Japanese military withdrew on 24 September 1942 and the Australian military was able to retake Kokoda village on 2 November of the same year.

The Kokoda Track, spanning from Owers' Corner to Wairopi was the scene of some of the most desperate and vicious fighting encountered by Australian troops in the Second World War. The campaign resulted in over 625 Australian deaths, 1,600 wounded, and 4,000 casualties were from illness.

The Kokoda Youth Foundation

The Foundation was started in 2004 by Vietnam Veteran, Doug Henderson OAM, after attending an RSL conference amongst other diggers who had fought in various campaigns.

Today, the Kokoda Youth Foundation hosts annual events across Australia honouring the diggers who fought in the 1942 campaign. At the centre of all activities is a focus upon imparting the Kokoda Spirit of courage, endurance, mateship, and sacrifice, into struggling young people so they too can conquer their own mental enemies. After hearing the stories of all the brave men in the room, he made it his personal mission to share the story of the Kokoda Campaign everywhere he could.

The Kokoda Challenge

Doug's initial idea was to take a group of young people on a trip to Papua New Guinea to walk the Kokoda Track so they could learn about the history of Australia's military engagement and embark on a firsthand experience that would challenge them physically and mentally. But to get to the stage where they could afford to do this, Doug decided to first host a similar event on Australian soil.

The initial Kokoda Challenge saw teams of four walking 96 km through the Gold Coast hinterland, from Mudgeeraba to Nerang via the terrain of Lower Beechmont. All proceeds from the hiking event would go towards their original goal of sending kids to Papua New Guinea to walk the real track.

Now, 20 years on, the Kokoda Youth foundation has run countless programs, helped transform the lives of hundreds of kids and grown the youth program curriculum to better assist the needs of kids today. The Foundation continues to run its flagship, Kokoda Challenge Youth Program, in addition to its On The Right Track program, and the Digital Detox program. The Kokoda Challenge has also expanded to include four locations, four distances, raising millions of dollars for youth programs and sent several groups of kids to walk the Kokoda track in Papua New Guinea and the Sandakan Death March in Malaysia.

The Gold Coast Kokoda Challenge is held on 13 - 14 July and will see participants walk in teams of four and experience elevation of up to 5,000 metres. The event has a cut off time of 39 hours to honour the 39th Battalion who served on the Kokoda Track. On their journey, participants will push their physical and mental limits, and uncover the extraordinary

bravery that our diggers displayed on the real Kokoda Track in 1942.

The Kokoda Challenge has been described by participants as one of the hardest things they've ever done. Hikers battle relentless hills and walk continuously through the pitch-black night all to support the Kokoda Youth Foundation on their mission to change the lives of kids in the community.

The event will begin with a commemorative service to honour Kokoda veterans and other men and women in service. Spectators are encouraged to attend the memorial service that will be held at the Kokoda Challenge start line, and to see the teams off on their journey.

If the 96km event seems daunting, there are 30km and 48km challenges happening on the Saturday as well. The 30km event starts at 2pm for a Twilight hike and takes around 12 hours to complete, going through Nerang State Forest. In 2023, the 30km winning team crossed the finish line in an impressive 4 hours and 23 minutes with the final team coming through in just under 12 hours. Part of the 30km course follows the same sections of the longer maps, so

you're likely to see these other competitors along the way.

The 48km event starts at 10am for schools and 12pm for everyone else then will take around 20 hours for competitors to complete. This course is typically Kokoda Challenge's most popular event and is a good pathway to prepare yourself for entering the 96km event in future years. The fastest trail running team completed the entire course in just 6 hours and 31 minutes, but the average time was about 12 hours and 42 minutes.

All the courses are tough but immensely rewarding and for a good cause. To learn more about the challenge and how to get involved, go to kokodachallenge.com

The Kokoda Challenge Gold Coast

Event start date: Saturday 15 July, 2024

Distances: 30km, 48km and 96km

Start time: from 7am

Location: Mudgeeraba Bowls Club, Somerset Drive, Mudgeeraba



Pictured left: Kokoda Youth Foundation founder, Doug Henderson OAM, speaking at the beginning of the Kokoda Challenge from previous years.

Pictured right: Doug Henderson OAM and his wife, Anna Henderson, at another Kokoda Challenge.



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Skullcandy Oz Grom Open: 4 - 9 July



The Skullcandy Oz Grom Open presented by O'Neill will kick off bigger and better than ever this July in Lennox Head.

Armed with a raft of new sponsors and supporters, this iconic six-day event will run from 4 - 9 July 2024 and will comprise a World Surf League (WSL) sanctioned Pro Junior Qualifying Series (JQS) event as well as an elite competition for promising grommets in the 14, 16 and 18 year age divisions.

In a similar vein to previous years - where the event has attracted surfers from 10 different countries - a full international field is again expected in 2024 with surfers coming from as far away as Europe, USA, Hawaii, Indonesia and Japan to make up a field of more than 200 surfers across all divisions.

O'Neill's Regional Marketing Director, Rob Bain said, 'We are stoked to be able to support this iconic junior event. It's one that has stood the test of time and been such a memorable experience for many kids and their families, regardless of their results.' Former event champions include a range of current and former World Championship Tour and Challenger Series surfers, such as, Macy Callaghan, Molly Picklum, Mikey, Owen and Tyler Wright, Jack Robinson and local surfers Mikey McDonagh and Nyxie Ryan.

Event divisions will be broadcast live worldwide at: skullcandyozgromopen.com.au and be sure to grab your free event liftout in this month's *Burleigh Wave*.

From creek to coast: fishing in Burleigh and surrounds by Brad Smith, Brad Smith Fishing Charters



The small length of area between Currumbin to the south extending to Burleigh Heads to the north is one of the most unique and pristine parts of the Gold Coast. What makes this region so desirable is the clean beaches and the fact that there are two beautiful unpolluted creeks that flow from the mountains to the sea.

For the lucky locals and visiting tourists, this region offers great surf and fantastic fishing conditions all year round.

The two estuaries named Currumbin and Tallebudgera Creeks are both very reliable fisheries for boat owners and land based anglers. The creeks have a real variety of different fish species which include flathead, bream, whiting, trevally and the mighty mangrove jack which can all be targeted on lures and bait. Setting a couple of crab pots out along the mangrove lined edges of these creeks can also provide the opportunity to catch a few succulent and mud crabs.

The beach gutters that span from Currumbin along the coastline to Burleigh Headland are also an angler's delight.

Through the summer months, whiting and dart are the main species caught along the beaches with live baits such as yabbies, beach worms, and pippies.

The winter months provide the opportunity to catch some tailor, bream, flathead, and if you're lucky, a huge mullaway. If you happen to see over 100 boats just off the beach, this is Palm Beach reef where anglers are targeting Spanish and spotted mackerel that migrate here, mainly through the summer months.

We are lucky in the Burleigh area with such great opportunities for families, as well as experienced anglers, to enjoy some quality all year round fishing.

Car of the month: 1968 Holden HK GTS Monaro



Owner: Mark McPherson

This 1968 Holden HK GTS Monaro, owned by Mark McPherson, holds a rich family history. Originally purchased brand new by Mark's father from Handasyde Motors in Stones Corner, Brisbane, the iconic vehicle was built at the Holden Factory on Fox Road, Acacia Ridge, completing production in October 1968. Initially Silver Mink, it received a Gold makeover in the late '70s.

From 1975 - 1988 the Monaro could be found cruising the streets of Burleigh, where Mark attended Burleigh Heads

State School. Mark recalls, 'I grew up in the car - it was the family's daily driver for years so it has a huge amount of sentimental value for me'. In 1988, Mark bought the car from his father, continuing its legacy.

Mark plans to restore the car to its original Silver Mink colour scheme, preserving its nostalgic essence and honouring its heritage. This Monaro is more than just a car; it's a cherished family heirloom.

Want us to feature your car next month? Get in touch by emailing editor@theburleighwave.com.au

Where horsepower meets the sea



If the rumble of V8 engines and the sleek lines of classic muscle cars ignite your passion, the Gold Coast Muscle Car Association (GCMCA) is the ultimate haven. Since its founding in 2006, the group has created a community who celebrates the raw power and timeless beauty of muscle cars, whilst also fostering group camaraderie and supporting local community causes.

Boasting over 450 dedicated members ranging from seasoned gear-heads to newcomers discovering

the thrill of muscle cars, GCMCA has a calendar packed with adrenaline-pumping events for all ages. They range from car shows that feature the best rides on the coast, to thrilling drag races and group cruises along the picturesque shores of the Burleigh and beyond.

For those needing technical assistance, the community is also a treasure trove of knowledge and experience, ready to help with restoration projects or upgrades.

'We're about building lasting connections, with family-friendly events ensuring everyone, from young petrol heads to the young at heart, can join the fun - there's always lots happening,' explains GCMCA's Ross Gardiner.

'Our charity initiatives support local causes, making a positive impact beyond the automotive world. We host a popular park-up event in Burleigh (next to Auto Barn at the old Bunnings site) every second Saturday,

attracting up to 200 cars. From here we take whomever wants to go for a cruise either up to Surfers or down to Coolangatta and Tweed.

'We also support major events like the V8 Supercars GC500, organising parade laps and car displays, and train members to Flag Marshall at racing events.'

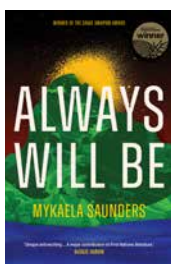
More than just a car club, two years ago the group also established a Men's Shed to offer additional camaraderie and support for men, often attracting between 70-80 guests at each meeting.

To discover more or to get involved, visit: gcmca.com.au

Always Will Be: Dr Mykaela Saunders



Dr Mykaela Saunders is a Koori/Goori Lebanese writer, teacher, editor and researcher of Dharug descent, belonging to the Tweed Goori community. Her latest work, *Always Will Be*, is a speculative fiction collection which won the David Unaipon Award. Mykaela will be attending the upcoming Byron Writers Festival from 9–11 August.



Always Will Be is a collection of short stories set in the Tweed across different versions of the near and distant future. The Tweed Goori community is at the front and centre of each adventure which reflects upon different climate scenarios and Aboriginal sovereignty in ways that may be asserted or undermined in each of these different worlds.

Importance of community and land

Always Will Be demonstrates how intertwined land and community are in Aboriginal culture. Growing up in Tweed, Mykaela discovered a 'very, very strong community, very much rooted in culture which is absolutely rooted in the land.'

'Some of my stories debate whether you can have culture without land or vice versa. These are very deep, philosophical questions we've had to reckon with the last few hundred years since colonisation. For me, it was very important to set all of these stories in the same place. They're all thought experiments. I'm thinking about what kind of futures might be coming up to meet us, give or take a few tweaks of reality. For example, what might the Tweed look like if the oceans rose. A lot of it would be underwater, so how would the community live then? It's all very much thinking about what the country and the climate will be, what the people will be doing, and what culture will arise from that, so it's very intimately tied together.'

Previous works

Mykaela is currently a postdoctoral research fellow and holds a Macquarie University Fellowship for Indigenous Research. She is also the editor of *This All Come Back Now*, the Aurealis Award-Winning, world-first anthology of blackfella speculative fiction.

'The stories in the book [*Always Will Be*] were written from 2017–2021 and the anthology was put together in 2021. Immersing very deeply into my own community and futurism, I naturally was very curious about what other Aboriginal writers were thinking about when it comes to speculative fiction, so I made it my goal to find every single piece of speculative fiction ever published by a blackfella and I read them all. Our people have been writing [speculative fiction] for a long time, but it's not really well known about. So that's why I put the anthology together because I wanted to showcase the depth and breadth of our speculative fiction, and not just futurism, but all kinds: horror, ghost stories, science fiction, climate fiction. I wanted to show the world that we've been writing in these genres for a long time and we've been doing it really well, too.'

Byron Writers Festival

Having attended the Festival in the past, Mykaela says, 'They really do the most in looking after their writers. I love that the format is set up like a little festival space, you can dip in and out of sessions, which I think is a really good way to find new authors. If someone takes your fancy, you can check out their book. It's really cool that it's set on Bundjalung country, I'll hopefully see Mob from the community coming along and meet lots of new people too.'

To find Mykaela's sessions and more information about the festival, visit byronwritersfestival.com

Evans Head Heritage Aviation Museum



Opening Hours:
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Tues 9am - 12pm

61 Memorial Airport Drive, Evans Head, NSW 2473 | phone: 6682 6756 | email: info@ehham.org.au | web: www.ehham.org.au



Your winter reading sorted

This year's Byron Writers Festival (9–11 August) explores new beginnings, community and what builds us up with an inspiring program themed *From the ground up*. Set to bring more than 150 writers and big thinkers to the region, the event encourages audiences to step away from the everyday and immerse themselves in a world of ideas and stories.

Some of this year's highlight guests include Trent Dalton, Richard Flanagan, Jane Harper, Charlotte Wood, Julia Baird, Bruce Pascoe and many more. For more information visit: byronwritersfestival.com

In preparation for the event, why not immerse yourself in the works of some of the guest authors? Take a look below.



Fiction

Stoneyard Devotional by Charlotte Wood

A meditative and deeply moving novel from one of Australia's most acclaimed and best loved writers.

A woman abandons her city life and marriage to return to the place of her childhood, holing up in a small religious community hidden away on the stark plains of the Monaro.

She does not believe in God, doesn't know what prayer is, and finds herself living this strange, reclusive life almost by accident. As she gradually adjusts to the rhythms of monastic life, she finds herself turning again and again to thoughts of her mother, whose early death she can't forget.

Disquiet interrupts this secluded life with visitations – first a mouse plague, then the return of the skeletal remains of a sister who left the community decades before to minister to deprived women in Thailand - then disappeared and, finally, a troubling visitor to the monastery pulls the narrator further back into her past.



Memoir

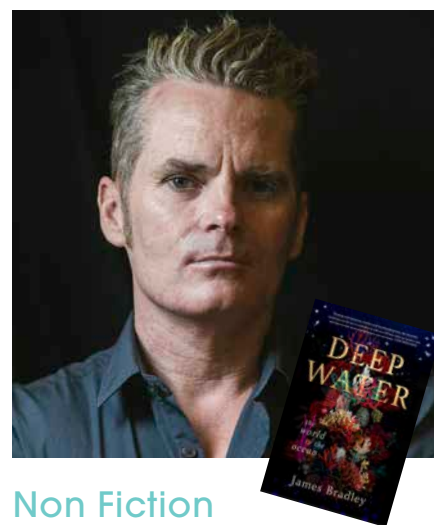
Question 7 by Richard Flanagan

Richard Flanagan's extraordinary memoir has been described by Tim Winton as 'the strangest and most beautiful memoir I've ever read' and Peter Carey has proclaimed 'it may just be the most significant work of Australian art in the last 100 years.'

Beginning at a love hotel by Japan's Inland Sea and ending by a river in Tasmania, *Question 7* is about the choices we make about love and the chain reaction that follows.

By way of H. G. Wells and Rebecca West's affair through 1930s nuclear physics to Flanagan's father working as a slave labourer near Hiroshima when the atom bomb is dropped, this daisy chain of events reaches fission when Flanagan, as a young man, finds himself trapped in a rapid on a wild river not knowing if he is to live or to die.

At once a love song to his island home and to his parents, this hypnotic melding of dream, history, place and memory is about how our lives so often arise out of the stories of others and the stories we invent about ourselves.



Non Fiction

Deep Water: The World in the Ocean by James Bradley

Through history, science, nature writing, and environmentalism, *Deep Water* invites you to explore the deepest recesses of our natural world.

The ocean has shaped and sustained life on Earth from the beginning of time. Its vast waters are alive with meaning, and connect every living thing. *Deep Water* is a hymn to the beauty, mystery and wonder of the ocean. Weaving together science, history and personal experience, it offers vital new ways of understanding not just humanity's relationship with the planet, but our past – and perhaps most importantly, our future.

Byron Writers Festival 2024

A single day pass gives you access to more than 30 different sessions on your chosen day. There's delicious food and coffee stalls, an artisan market and a bookstore where authors will be signing their books.

Full program and tickets at: byronwritersfestival.com



Winter whale watching from Burleigh and beyond



Whale watching season is well and truly underway and will carry on until October here on the Gold Coast. July and August are when the whale migration peaks, meaning the time is now if you're keen to spot one (or several) of these beautiful creatures off the shores of Burleigh.

There are plenty of ways to catch a glimpse of the migrating whales without breaking the bank. Along with these free whale watching spots, there are a variety of whale watching tours that offer a 100% whale guarantee.

Burleigh

Burleigh Hill is a popular whale watching location, but you can also go up to Tumgum Lookout, which is at a higher vantage point than Burleigh Hill.

Miami

In Miami, you can head to Mick Schamburg Park. This is a particularly family friendly option as the ascent to the top of the Miami Headland is easier than the one to Burleigh Hill.

Coolangatta

Point Danger is a popular spot to catch a glimpse of dolphins and turtles all year-round, but during the winter months, you may be lucky enough to see some whales, too.

Greenmount Hill between Coolangatta and Rainbow Bay is a 30-metre high headland with several viewing platforms to spot whales. This is an accessible, walkable paved trail, suitable for whale watchers of all fitness levels and ages.

Stay fire safe this winter



Despite being in the Sunshine State, Burleigh is experiencing an unusually cold year. With temperatures shifting from summer's highs to winter's near-freezing lows, finding ways to stay warm is essential. During this time, it is crucial to ensure that everyone in our households, including ourselves, remains fire safe.

Smoke alarms

The first and the most important tip is to ensure your smoke alarms have been installed correctly and maintained regularly.

Fireplaces

If you are lucky enough to have a fireplace, you should put up fire screens to prevent an unwanted fire. Make sure these are cleaned frequently.

Heaters

For those with heaters, keep a clear space around it. This means make sure it's a safe distance away from bedding, clothing, curtains and tablecloths.

If you haven't used your heater or any other electrical appliance for a while, or since last winter, make sure you check and test the cords before use. Be careful not to overload your powerboards with too many electrical appliances.

Electric blankets

Electric blankets are great, but they may cause fires in a bed if there are faults or breaks in the wires inside the blanket. You should also never go to sleep with an electric blanket activated.

Wheat bags

The unsuspecting wheat bag can make a fuss too - if wheat bags are overheated and insulated, they may spontaneously combust. See if your specific wheat bag has instructions on heating temperatures.

It's easy to forget to put these precautions into place, but to avoid any unforgiving circumstances, develop a home fire escape plan and practise it with all of the members of your household.

In the event of a fire, call Queensland Fire and Rescue Service on Triple Zero (000), and never go back into a burning house.

Skullcandy

4-9 JULY 2024

OZ GROM OPEN

PRESENTED BY

O'NEILL



the lennox wave the ballina wave the byron wave the burleigh wave

ACTIVITIES SCHEDULE



Skullcandy Oz Grom Open

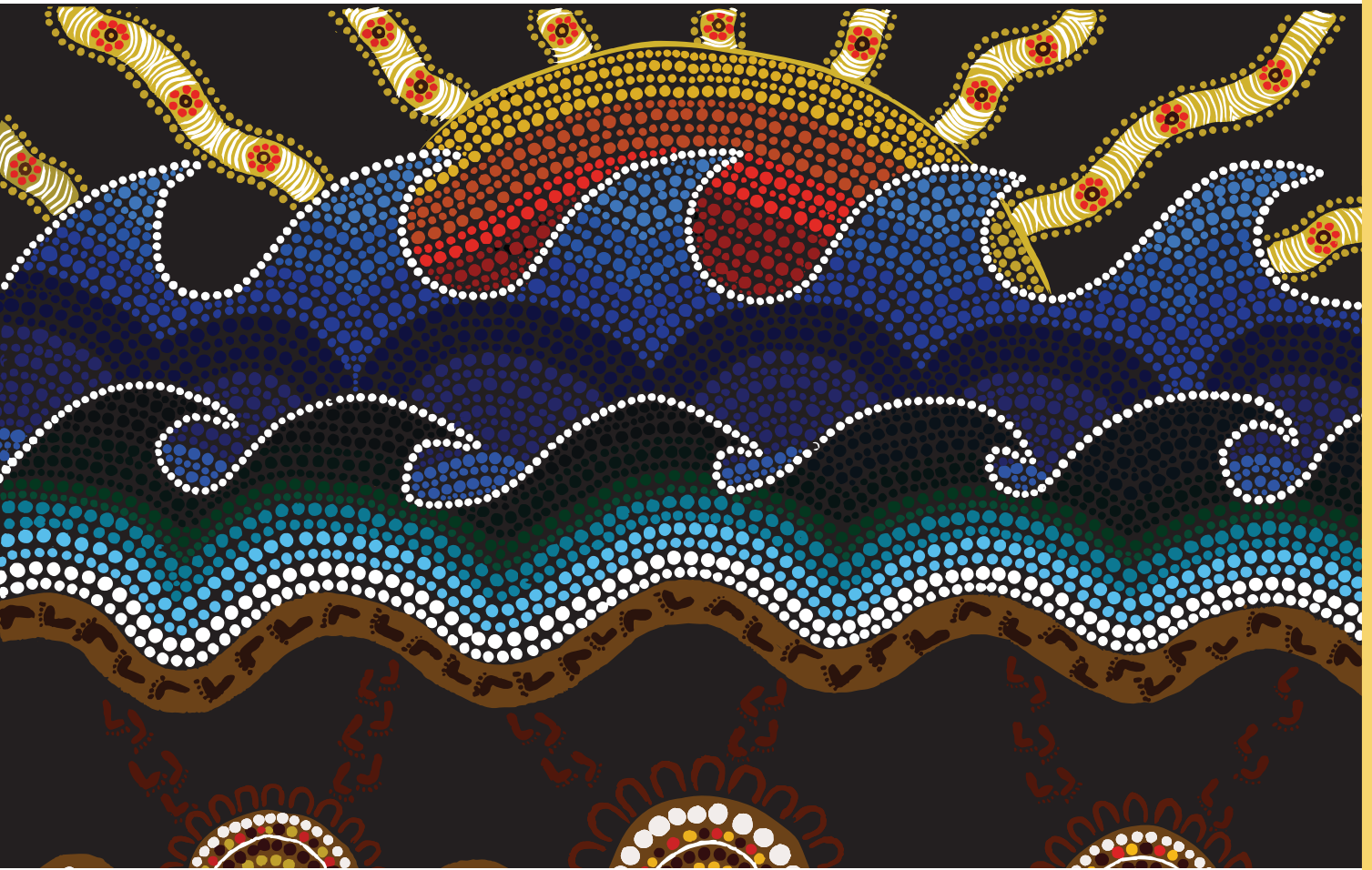
Thursday 4 - Sunday 9 July 2024

Seven Mile Beach, Lennox Head, NSW

4 July	7.15am Opening Ceremony, Welcome to Country
4-9 July	4-9 July Skateboarding/E-Bike Activations
5-8 July	1-2pm Beach games
5 July	From 5pm Movie night at Lennox Hotel - <i>Maps to Nowhere</i> and Q and A with Soli Bailey
6 July	Pie eating contest
7 July	Ice cream eating contest
7 July	11am NAIDOC celebrations, cultural dance, and stories about Aboriginal culture
8 July	All day raffles and giveaways

Watch live heats for schedules and heat format

Event divisions will be broadcast live worldwide at: skullcandyozgromopen.com.au



Artwork credit: *Through my Eyes* by Savannah Roberts-Hickling.

Welcome to the 2024 Skullcandy Oz Grom Open, a thrilling surf competition that brings together 276 talented groms and their families. This event is renowned as one of the largest and most prestigious contests for grom surfers worldwide.

We are thrilled to welcome so many young surfing enthusiasts who share a passion for riding waves, the ocean, and the competitive side of the sport. This festival creates an electrifying atmosphere and provides a significant economic boost to Lennox Head. We are grateful for the tremendous support we receive from local businesses in making this event happen - with their support, it is possible.

Le-Ba Boardriders are dedicated to nurturing junior surfers in the local community and play a pivotal role in organising this competition. We support our young surfers throughout the year to compete in interstate events beyond our monthly Club rounds. We encourage all aspiring surfers to join our community and be part of this incredible experience.

I sincerely appreciate our sponsors and local businesses, especially Club Lennox and the Lennox Hotel, who generously support the Skullcandy Oz Grom Open. Without their invaluable assistance, we couldn't host such a remarkable event. I would also like to express my

gratitude to the Organising Committee, whose unwavering dedication ensures that every competitor has the best opportunity to showcase their skills. As the President of Le-Ba Boardriders, I am thrilled we are hosting the 2024 Skullcandy Oz Grom Open for another consecutive year.

On behalf of the Club, I welcome all participants and their families to the beautiful shores of Lennox Head, situated in the captivating Bundjalung Country. We are immensely grateful to *The Lennox Wave*, *The Byron Wave* and *The Burleigh Wave* for their tremendous support, including an exceptional lift-out highlighting the event's activities and profiling some of the finest local and national competitors. Their contribution enhances the experience for all involved and creates great excitement surrounding the festival.

Ben Beesley, President, Le-Ba Boardriders

Acknowledgment of Country

We gather on the hallowed ground of the Bundjalung people, the custodians of this land since time immemorial. Their world's oldest surviving continuous culture is a testament to their resilience and wisdom. We humbly pay our respects to their Elders, past, present, and emerging, and are deeply grateful for the privilege of hosting this event on their ancestral grounds.

ABOUT

Event history



The Skullcandy Oz Grom Open is Australia's most highly anticipated junior surfing event, held annually along the shores of Lennox Head, NSW. Le-Ba Boardriders founded it in 2012 to create an exciting and innovative contest of the highest standards in junior surfing.

The competition features a unique seeding round, where top-level surfers embark on their event journey in Round Two.

The judging panel, consisting of current WCT and WQS judges, use a revolutionary new computerised scoring system.

The event's popularity has grown significantly over the years, with its live webcast now reaching more than 14 countries.

Former World Junior Champion, Le-Ba local and event commentator, James Wood, praised the competition, saying, 'This is an awesome event and one of the main contests that every aspiring young professional surfer wants to win. It's a testament to the tireless efforts of Skullcandy, O'Neill, and the entire Lennox Head community that this event has become such a success.'

Former champions include a range of current and former World Championship Tour and Challenger Series surfers and local heroes, highlighting the event's diverse and prestigious history.

Le-Ba history



Pictured (L-R): Le-Ba finalists 2022 Ocea Curtis, Juniper Harper, Harry O'Brien and Max McGillivray; Competition time.

Le-Ba Boardriders traces its roots back to November 1980 when a small group of dedicated Lennox Head and Ballina surfers came together. The Club was aptly named by renowned local surfer Brad Myers, who cleverly combined Lennox and Ballina to create the abbreviation Le-Ba Boardriders Inc.

Since its inception, Le-Ba Boardriders has earned a formidable reputation as a force to be reckoned with in competitive surfing. In the early 1990s, they consistently ranked in the top five during the Quiksilver Surf League finals. The Club's achievements include winning the prestigious Simon Anderson Club of the Year award in 2008, being crowned the Jim Beam Surf Tag Australian Champions in 2012, earning their 4th spot in the 2021 Australian Boardriders Battle, and 3rd in 2024.

Beyond fostering camaraderie and friendly competition among Ballina and Lennox Head surfers, Le-Ba Boardriders was formed to assemble a team for interclub contests, including those as far away as Snapper Rocks

and Kirra on the Gold Coast. In 1981, the Club participated in its inaugural interclub teams competition and has been actively involved in similar events ever since.

Over the years, Le-Ba Boardriders has nurtured a host of exceptional surfers who have reached the pinnacle of their sport. They notably include Adam Melling, James Wood, Stu Kennedy, Nyxie Ryan and Mikey McDonagh, who have represented the Club with distinction at the highest levels of competition.

Now, a new generation of talented groms is emerging from the ranks of Le-Ba Boardriders. Promising young girls too have led the super-talented boys' group, demonstrating their skills and potential. Standout performers such as Juniper Harper, Ocea Curtis, Mia Baker, Keke Brain, Shelby O'Rourke, Izzy O'Boyle, Charlee Walker, and Cleo Beesley are making waves and showcasing their talent on the competitive scene. As they progress through their surfing journey, they exemplify the bright prospects and future of Le-Ba Boardriders.

Junior stars reflect



Juniper Harper

Juniper enjoys all aspects of being in and around the ocean, with surfing playing a massive part of her life. Growing up, she was a stone's throw away from the beach in Lennox Head. She loves that surfing allows her to travel to new places and experience new waves and cultures, and she enjoys surfing different boards. She is also passionate about working on creative projects involving her surfing. At 17 years old, Juniper is finishing her final year on the junior side of the competition circuit, which she has been competing in since she was 10.

After this year, she will focus on moving onto the WSL Pro Junior circuit. Juniper is wrapping up Yr12 in high school this year and is looking forward to opportunities and what's to come. Having surfed in every age division at the Skullcandy Oz Grom Open since she was young, Juniper knows the ins and outs of competing in this comp more than just about any other surfer in the event heat draw for 2024.

She says, 'The Skullcandy Oz Grom Open has been my favourite comp of the year since the early days of competing in the U12 girls' division - now I'm surfing in my final year in U18. I have always loved the vibe that the six-day event brings to our town, and I have had all my friends visiting and competing at my home break over the years.'



Keenan

'Keendawgs' Crisp

Born in Cronulla, Keenan moved to Lennox Head in 2014 and has been a frothing grom for the past decade as a core member of Le-Ba Boardriders. This year he's looking to enjoy his final year in the junior competition and dipping his toes into the WSL Pro Juniors.

Keenan has had an outstanding junior competitive career, with massive results including a 2nd place finish at the 2022 Billabong Occy Grom Comp at D'bah. He's also heading off to the U18 NSW State Titles straight after Skullcandy, qualifying through the regional titles in May.

Local Lennox CT surfer, Connor O'Leary, one of the best goofy footers in the world of surfing, has taken Keenan under his wing and with every surf that goes by, Keenan's backhand attack is starting to look more and more like his mentor's signature manoeuvre. Currently near the top of the U18 national rankings, Keenan will be hard to stop at his home break and is one of the favourites to win the 18s Boys division.

Reflecting on his time competing in the Skullcandy Oz Grom Open, Keenan says: 'Skullcandy is always the comp everyone looks forward to and having it right where I live is pretty special. With internationals and Australia's best, Skullcandy always has the best surfers in the event, pushing me to do my best. I've had a goal since I was a kid: to make the finals and get a win.'



Mia Baker

Mia, more commonly known as Midge, is a born and bred Lennox local who inherited her love of surfing from Dad, Jake, and Grandad, Jimmy. She was into all sports from a young age and played touch football, netball, dance, and acro-gymnastics. At eight years old, she fell in love with surfing on a family holiday to Noosa, and eventually, her primary focus turned to the waves. She got her first board from Nyxie Ryan and, like every grom in Lennox, surfed the pub innies every chance she could get. She joined Little Le-Ba and developed her love of competition surfing from there.

Now in the U18 division and dabbling in some Pro Junior events, Midge reflects on what she gets from competition surfing: 'I love adventure, travelling, competing, and making memories. I have surfed many different breaks and met many cool people, including some of my best mates.'

'Skullcandy is the comp everyone waits for each year. It's the best event on the surfing calendar, and I'm so lucky it's in my hometown.'

Midge also loves being involved in community surf events like the Barney Miller Classic, giving back to people in need, and Sea's the Day, which raises awareness for women's surfing. 'I love seeing surfers of all levels having a go and getting involved in surfing, especially to raise money and awareness,' she said.

LOCAL GROMS



Keke Brain

Division: U16 Girls

Stance: Natural

Sponsors: Tomo Surfboards

Keke surfs the same way she skateboards. Full send with no holding back. She's always hunting for barrels out at the Point but has

impressive turns in her repertoire and has progressed rapidly, especially over the past few months.

Although only 13, she's been doing junior comps for several years and will be relishing the opportunity to go far in the draw at her home break.



Jemma Crowley

Division: U16 Girls

Stance: Goofy

Sponsors: Daily Grind Surf

Having just relocated to Lennox Head from South Australia in 2024, Jemma has been an awesome new

club member in the girl's ranks.

The goofy footer has some serious power on her backhand snaps and can link sections together easily on her forehand, as we've seen since her arrival to the Northern Rivers. Jem could cause serious upsets in the 16s girls division and progress far into the comp.



Ashton Crowley

Division: U16 Boys

Stance: Natural

Sponsors: Daily Grind Surf, Ocean and Earth, Carve

Brother to Jemma, Ash has also been a solid addition to the core

group of super-groms in Le-Ba.

Ash is a barrel magnet, has style for days, and can land huge airs.

He's well used to getting to the pointy end of significant events like the Skullcandy Oz Grom Open.



Calvin Greely

Division: U16 Boys

Stance: Goofy

Sponsors: Breakers Boards

One of the biggest frothers around, Calvy will be ready to take some names in the super competitive 16s Boys division of the comp.

His surfing has gone to the next level over the past six months, and he has developed one of the deadliest backhand snaps around that has been honed from hundreds of waves surfed out at the Point.



Max McGillivray

Division: U16 Boys

Stance: Natural

Sponsors: Billabong, Oakley, Creatures of Leisure, JS Surfboards

Super-grom Max has continued to develop as one of Australia's best up-and-coming surfers. The Evans

Head protégé to Callum Robson chases swells around the world, and whether it's being towed into triple overhead drainers during cyclone swells at Kirra or paddling into throaty beasts at Greenbush in the Ments, Max is always a standout in the line-up. In 2022 he won the Skullcandy U14 division.



Mia Baker

Division: U18 Girls and WSL Pro Jnr

Stance: Natural

Sponsors: Carve, Surf Paste, Wood Surfboards

Midge is one of the nicest groms you'll meet - always smiling, respectful, and fun to surf with.

But once the rashie goes on, Midge's competitive side comes out, and other girls will not want to see this super-talented shredder on their side of the draw.

Mia has solidified herself as one of the best U18 girls in Australia, even though it's her first year moving to this age division.

LOCAL GROMS



Ocea Curtis

Division: U18 Girls and WSL Pro Jnr
Stance: Natural
Sponsors: Rip Curl, DHD, Surf Mud, Huey's Surf Wax, Carve

Ocea is one of the best junior female surfers in Australia. In May of this year, she travelled to El Salvador

for the World Champs, to represent Australia in the U16 girls' division against the best-of-the-best on the global stage. Upon returning, she travelled to Bells and won the Australian Indigenous Surfing Titles in the Open Women's division. Ocea won't just be looking to do well in this event; she'll be looking to dominate it.



Juniper Harper

Division: U18 Girls and WSL Pro Jnr
Stance: Natural
Sponsors: Billabong, Stacy, Futures, Surf Mud, Childe

Long regarded as one of the best female free surfers and equally among the best junior competitive

surfers in the country. It doesn't matter whether it is a single fin, longboard, fish, or shortboard; Juniper shreds on every surf craft there is.

Juniper has had huge wins in big comps in junior and open women's divisions, so she won't be afraid of the moment.



Kennan Crisp

Division: U18 Boys and WSL Pro Jnr
Stance: Goofy
Sponsors: Vissla, Mad Mex, Surf Mud, Carve, Wood Surfboards

When people start comparing your surfing to the likes of local CT surfer Connor O'Leary, you know you're on

the right track. Kennan's performance at the ABB was tremendous and he was one of the standout junior surfers.

He's already had some significant results in his junior comp career, and nobody would be surprised to see him take out the U18 Boys division, the Pro Junior, or both.



Harry O'Brien

Division: WSL Pro Jnr
Stance: Goofy
Sponsors: O'Neill, Surf Mud, FCS, Wood Surfboards

Harry has established himself as a weapon, both in free surfing and in a

rashie. His performance at the ABB in March showed he can hold his own with not only the best U18 surfers in the country, but also in the open divisions. He surfs the waves on this section of the coast, is the best out there, and a competitive beast. Hopefully, we will see him go one step further this year and take out the whole comp.



Jack O'Brien

Division: WSL Pro Junior
Stance: Natural
Sponsors: RipCurl

Older brother to Harry, Jack is always a standout in the surf, whether in comps or free surfing. On a recent run of waves at pumping

Lennox Point, Jack snagged one of the best barrels of the swell (pictured), showing his ability in critical waves and talent for high-performance surfing. Jack is a powerful and experienced surfer and can quickly go all the way in the Pro Junior side of the event. Ley's hope he doesn't meet his brother until at least the final.



Rino Lindsay

Division: WSL Pro Junior
Stance: Natural
Sponsors: Carve, FCS

Rino is a seasoned competitor who had a lot of success during his junior competitive career. He's a super-talented surfer with

great style and excels in overhead conditions and above.

Another Lennox Head local, Rino, will have a significant advantage in the comp, having grown up surfing these waves and will know which ones to go on like the back of his hand.

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or call Milt on 0412 461 559

QLD CWA: over 100 years of empowering women



Pictured: QCWA's Country Kitchens team. Source: QCWA.

The Queensland Country Women's Association (QCWA) is Queensland's largest and most wide-spread women's organisation. Founded in 1922, the organisation has had a simple yet powerful mission to provide a space for Queensland women to connect, collaborate and create an impact in communities.

QCWA members are strong advocates for women, as they strive to provide opportunities focusing on education, health and community throughout every phase of a woman's life. They offer student bursaries to assist tertiary students with the cost of academic study, they have a Country Kitchens program that supports communities across Queensland to adopt healthier lifestyle behaviours, and many of the branches focus on knowledge and skills sharing workshops across various interests.

For over 100 years now, the QCWA has been a beacon of connection, friendship and engagement for women in Queensland. Currently, the group has over 3,000 members and 225 branches across the state, with several around the Gold Coast. Each branch meets every month socially and to discuss how they can help within their communities.

If you want to get involved, donate to the organisation, or find out more, head to: qcwa.org.au

QCWA Recipe: Carrot, Date and Oat Biscuits



It's cold, and we want sweet treats. Instead of opting for store bought cookies this month, how about trying a healthier option with these carrot, date and oat biscuit cookies from the Queensland Country Women's Association Country Kitchens team? These biscuits have been health-a-sized to include a half a serve of fruit and veg per portion. The result is a delicious biscuit with lots of fibre from all of the added fruit, veg and wholemeal flour, and is a perfect baking recipe to try with kids.

Recipe credit:

The QCWA Country Kitchens team. Find more healthy recipes to try out this month at: qcwacountrykitchens.com.au

Ingredients:

- 1 cup rolled oats
- $\frac{3}{4}$ cup wholemeal flour
- 1 $\frac{1}{2}$ teaspoons baking powder
- 1 $\frac{1}{2}$ teaspoons cinnamon
- 2 tablespoons light olive oil
- 1 egg
- 1 teaspoon vanilla extract
- $\frac{1}{4}$ cup maple syrup OR $\frac{1}{2}$ cup packed brown sugar
- 1 medium carrot grated
- $\frac{1}{2}$ medium banana mashed
- 30g pitted dates (chopped)
- $\frac{1}{4}$ cup slivered almonds

Method:

1. MIX oats, flour, baking powder and cinnamon in a medium bowl. In a separate bowl whisk oil, egg, vanilla and mashed banana.
2. ADD wet ingredients to the dry, stirring until combined.
3. FOLD in carrots, dates and almonds.
4. CHILL mixture for 30 minutes in fridge.
5. PREHEAT oven to 160°C and line a tray with baking paper.
6. ROLL 16 balls out of the dough and place on baking tray, making sure to leave enough space between each ball for the biscuit to spread as it bakes.
7. BAKE for 10-15 minutes or until golden brown.

Basq House: a new oasis arrives in Byron

by Milt Barlow



Byron is getting a 5-star makeover in the new 'hip precinct' which extends from Marvell Street through to Jonson Lane. First, we had the new Hotel Marvell in Marvell Street and coming will be the new Bonobo Apartments by Raes on Wategos, plus a host of other new developments on the drawing boards.

The new cool arrival is Basq House on Fletcher Lane. The 32-room boutique hotel opened its doors in early June.

Melbourne-based owners, Matt Walsh and Shane Wilkinson developed the property as they wanted a home-away-from-home in Byron Bay, somewhere that felt personal and like staying at your best friend's house. They then commissioned Matt Dalby, Creative Director and Founder of StudioFAB, to design Basq House and locally based Interior Designer, Léo Terrando, to style the interiors.

Inspired by the grandeur of Moroccan riads, the new spot is a feast for the eyes with beautiful artwork, furnishings, designer pieces, objects d'art, plants and fire places in the uber comfortable lounge and library. Flowing from these common areas is a stunning outdoor pool with sun-drenched daybeds and cabanas.

The bedrooms are on the small side but with very high ceilings and balconies upon which you feel cosy, rather than cramped.

This word - cosy - best describes the whole hotel. It's a serene escape that feels like you're visiting a friend's much loved home. Bedrooms have a soothing colour palette of neutral tones complimenting honey-hued timber joinery and amenities including HD TVs with Chromecast, Mr Smith toiletries, a minibar and a terrific open monsoon shower with gigantic fluffy towels. Beds are uber comfortable, with the entire bedroom being just that - a place to sleep, shower and watch a movie. Where you will want to hang out are the wonderful communal areas of the library, lounge or around the pool.

Something interesting about this hotel is there is no restaurant or bar. There is a complimentary grazing station for breakfast and they do a great coffee. However, Basq House is surrounded by great restaurants and cafes, offering many great dining options. Light Years is a five minute walk up the road, the wonderful Bonito is located across the road, Bang Bang around the corner and the list continues. The concept here is you go out to eat and come back to your secluded and comfy home at Basq House - and it really works. Still to come later in the year will be an in-house spa area and rooftop relaxation zone.

Guests have use of the hotel's Lekker push bikes, beach shades and surfboards, in addition to the two dedicated guest share vehicles, ideal for short dashes around town or adventures to the hinterland. And if you arrive with an EV, no problem - there are charging stations in the garage.

Basq House brings a new refreshing concept to Byron. And it works big time. Enjoy.

Rooms start from \$425 per night.

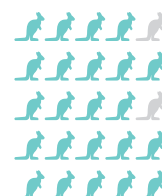
ACCOMMODATION

STAFF

VALUE FOR \$

OVERALL

WOULD I RETURN



Author stayed as a guest of the hotel.



Italian Renaissance Alive at HOTA



Pictured above and left: *Italian Renaissance Alive* at Hota. Source: HOTA.

Home of the Arts (HOTA) in Surfers Paradise is the Gold Coast's number one spot for all things art and culture. Each month, there is a variety of events, exhibitions and workshops to attend.

From now until Sunday, 4 August, visitors to HOTA can experience *Italian Renaissance Alive*, an immersive exhibition celebrating Europe's cultural rebirth. On display are iconic works like the *Sistine Chapel*, *Mona Lisa*, and *Birth of Venus* is a digital multisensory gallery accompanied by a powerful

operatic musical score. Experience extraordinary arts from the 14th to the 17th centuries, with masterpieces by Michelangelo, Leonardo da Vinci, Botticelli, Caravaggio and more.

This exhibition comes from the creators of the infamous *Van Gogh Alive*, a world-renowned exhibition allowing people to experience some of Vincent Van Gogh's most prolific work in a world-first display of immersive technology. Much like their former exhibition, *Italian Renaissance Alive* is expected to be just as exciting as the *Van Gogh Alive* display.

For more information, and to book tickets, head to: hota.com.au



Celebrate Bastille Day at the Brisbane French Festival



Pictured: French Flag in Brisbane. Source: Le Festival.

Whilst Bastille Day, the national day of France, is celebrated on 14 July each year, Brisbane is getting a head start.

Over the weekend of Friday, 5 July to Sunday, 7 July, the city will be celebrating all things French with the annual French Festival.

Held at the beautiful South Bank Parklands, the festival includes live entertainment, French cuisine, wines and champagnes, masterclasses and much more. Founded in 2010, the Brisbane French Festival, also known as Le Festival, has become the most iconic celebration of French culture in south-east Queensland.

With the Olympic Games kicking off in Paris on 26 July, Le Festival will offer the chance for visitors to enjoy a Mini-Olympiades event. This event gives children 12 and under the opportunity to participate in their own Olympic events of tug-of-war, boxing, dance and relay races.

Brisbane French Festival 2024

When: Friday, 5 July to Sunday, 7 July

Where: South Bank Parklands

To view the full program and book tickets, head to: lefestival.com.au



Students XCEL at Elanora State High School



Pictured: Elanora SHS students in the XCELerate program. Source: Elanora SHS.

Students involved in the XCELerate program at Elanora State High School have achieved remarkable success, completely transforming the transition for Yr6 students who are entering high school next year. Operating throughout Terms 1 and 2, the program offered students a preview of high school life, aiming to stimulate and engage these young minds.

Through partnerships with local primary schools, XCELerate offers exclusive enrichment sessions, fostering friendships and easing the apprehensions of transitioning to high

school. With subjects ranging from Science to the Arts, Food Technologies to Japanese, participating students have the opportunity to embark on a journey of discovery and camaraderie.

The impact is profound as students eagerly engage in scientific experiments, unleash their creativity through art, and hone their culinary skills, all while forging lifelong connections. Thanks to the generous sponsorship from Community Bank Tugun - Bendigo Bank, the program has flourished, promising even greater opportunities for growth and innovation.

Budding authors at Merrimac SHS



Young authors, Amorah (Yr11) and Keziah (Yr10) from Merrimac State High School (SHS), have achieved a feat many budding writers never do: they have had their work published.

The pair worked collaboratively on a science fiction short story for CSIRO's *Double Helix* magazine, drawing on their experience as First Nations peoples, to create a poignant and powerful piece.

Their story, *After the Exodus*, examines themes of regeneration, reconnection and independence, set in the distant future where humankind is spread throughout the galaxy.

Amorah and Keziah were mentored by Gold Coast writer, Helen Stubbs, and her colleague, Tom Dullemond. Merrimac SHS thanks them for their invaluable support of young writers.

Schools Tree Day



Brought to you by Planet Ark and Toyota, Schools Tree Day is on Friday, 26 July. Tree Day is a great way to inspire students to learn about the local environment while playing an active role in the community.

Activities range from planting bush tucker gardens, building habitats for native wildlife, nature play, and an annual school competition.

There's still time for your school to register and get involved. The Planet Ark website has a variety of resources available, from lesson plans and toolkits, to Seedling Bank grants and participation certificates.

If you're not at school but want to get involved, National Tree Day is on Sunday, 28 July and PlanetArk has a variety of ways to get involved listed on their website below.

Preserve the environment and head to: treeday.planetark.org to find out more.

The good times are on a roll at Elanora SHS



Recently, Elanora State High School (SHS) students performed at Fanfare 2024. This is a biennial statewide festival of bands from Queensland State Schools. Elanora's Stage and Concert Band, led by Miss Jessica Kesting, played beautifully and received the Stage Band - Division 2 - Gold Award and the Concert Band - Division 2 - Gold Award. Elanora SHS wants to extend a big thank you to Miss Kesting for all the preparation that went into getting these students ready to perform and to Mr Smith for accompanying the students on the day.



Elanora Paddling Academy students participated in a community fundraising paddle from Mullumbimby to Brunswick Heads on 26 May. They paddled over a 10km distance with more than 1,000 paddlers and raised money for Marine Rescue NSW, Brunswick SLSC and the Brunswick Heads Simple Pleasures. This was a family friendly event and drew people from all over the Gold Coast and NSW. The students were able to enjoy the beautiful Brunswick River ecosystem while challenging themselves over a 10km distance. Congratulations to the following students: Jarrah, Wolf, Jana, Alice, Gypsy, Ilandea and Nieve.

Multiple champions from Elanora SHS were crowned on day one of the Australian Interschools Surfing Championships at Miami Beach. There were some huge performances in both the tag team and individual divisions, none bigger than the Cooee Senior Boys Tag Team from Elanora SHS (21.63 points) and who were crowned Australia's best Yr10, 11, 12 Boys Junior Tag Team.

And finally, congratulations are in order for the Elanora SHS Dance Teams and the Yr7 Creative Industries Dance students who performed at the Eisteddfod in early June. The Junior team received 4th place in both the Various styles and Contemporary sections. Elanora SHS extend their thanks to Melissa Cass for all the extra hours that went into rehearsals, costuming and organising these students to prepare for the competitions.

Getting ready for Term 3



School Term 3 starts on Monday, 8 July and ends on Friday, 13 September. As we reach the halfway point of the school year, it's important to help your children keep up the enthusiasm for learning and manage stress levels with fun and rewarding activities outside of school hours.

Along with having goodtimes over the school holidays (a large number of activities can be found on the following page), make some time to sit down with your child to prepare a long-term plan for the new term. Print out a monthly calendar and list any key dates. Make sure to keep it in plain sight so you're able to remember what important events are coming up, ensuring that you're as well prepared as possible.

If you have any tips on keeping your kids motivated over the school term following a fun-filled break, we want to hear about it. Send your tips to: editor@theburleighwave.com.au

Below is a quick reference list to what the next term has in store for schools in Queensland.

Term 2

School holidays

Saturday, 22 June to Sunday, 7 July (16 days)

Term 3

School dates

Monday, 8 July to Friday, 13 September (10 weeks)

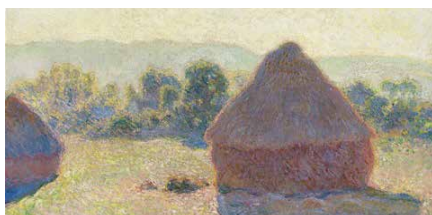
School holidays

Saturday, 14 September to Sunday, 29 September (16 days)

Activities for school holidays and beyond

As Term 2 school holidays draw to a close, there is no need to let the fun stop. Whether you're a local looking to explore your own backyard or if you're a visitor to the area, adventure awaits. From fitness to family, culture to community there is no shortage of places to visit across the region.

Arts and culture



Tweed Regional Gallery

The gallery is hosting a playdate for children aged six months to five years on Wednesday, 3 July.

Kids can attend a free school holiday event on Wednesday, 10 July or Friday, 12 July when they get to create a miniature architectural model inspired by Anna Carey's exhibition *Madam Mystery*.

Join award winning artist, Deidre Bean, for a two-day oil painting workshop from Saturday, 20 July to Sunday, 21 July.

Further information about these events can be found on the Tweed Regional Gallery website:
gallery.tweed.nsw.gov.au



Jellural Aboriginal Cultural Centre

Jellural is the Gold Coast's only dedicated Aboriginal Cultural Centre located in Burleigh Heads. On offer is a wide-range of services, including tours, educational resources, an early learning cultural program for children aged between 2-5 years, and more.

Find out how to book at:
jellural.com.au



Home of the Arts (HOTA)

ARTCATION is a six-day blast into the world of art and culture from Wednesday, 26 June until Wednesday, 3 July for kids aged 8-12.

Theatre show, *From Campfire to Stage Light*, told through the life experience of David Bindi Hudson is an epic journey toward self-determination and Indigenous pride. Check it out on Friday, 12 July.

MOTION is a HOTA Gallery youth visual artist initiative for teens in grades 10-12 to socially engage with like-minded peers. This is an ongoing workshop hosted from Monday, 22 July until Tuesday, 28 October during after school hours.

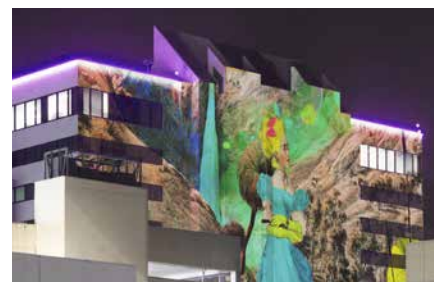
For more information, head to:
hota.com.au



ArtVo Gold Coast

ArtVo is the Gold Coast's very own immersive gallery located at Robina Town Centre. The gallery is filled with optical illusions, so be sure to take your camera along.

More information is available at:
artvogoldcoast.com.au



Big City Lights Festival

The Big City Lights Festival is an art event running across Southport until 7 July. There's plenty to see, with over 100 artists providing their pieces to more than 40 different locations across Southport CBD.

There are large-scale projections that re-interpret building facades, surround sound audio works, interactive installations, films from across the country and so much more.

Choose your own adventure, and find out more at:
bigcitylightsfestival.com.au



Gold Coast War Museum

The Gold Coast War Museum was founded in 1975 and is located at Mudgeeraba. There are numerous unique and impressive collections, along with the opportunity to play paintball and catch a movie.

Find out more at:
goldcoastwarmuseum.com.au

The great outdoors



Burleigh Head National Park

Burleigh Head National Park is a wild, natural headland in the heart of the Gold Coast. This park boasts a great mix of sea and shore, with the opportunity to walk through rainforest and the chance to see whales travelling along the coast.

Main Range National Park

If you're heading toward Brisbane, make a trip to Main Range National Park. In the Gondwana Rainforests of Australia World Heritage Area, this Park offers impressive mountain peaks, breathtaking views, and is home for rare and endangered wildlife.

Main Range Conservation Park

In close quarters with the Main Range National Park, the Main Range Conservation Park offers a diverse landscape nestled quietly in the valley of two ranges. Here, you can explore trails to high places and discover the remnants of European settlement.

Scenic Rim Trail, Main Range National Park

Want a challenge? The Scenic Rim Trail at Main Range National Park is a 47 km, four-day hike through the World Heritage-listed park. This hike takes you along the cliff-rimmed escarpment of an ancient volcano and you'll see stunning views over the valleys of south east Queensland's Scenic Rim.

For more information on parks across South East Queensland, head to: parks.desi.qld.gov.au

Family fun



Currumbin Wildlife Sanctuary

Founded in 1947 over 75 years ago, the Currumbin Wildlife Sanctuary is a heritage-listed zoological garden and Gold Coast's number one wildlife attraction. Open seven days a week, the Sanctuary offers an extensive list of activities and animals to see and interact with, including a twice-daily lorikeet feeding event. This event doesn't require that you enter the Sanctuary and is free to watch, with a gold coin donation needed if you want to get involved with the feeding.

Tickets and further information can be found at: currumbinsanctuary.com.au



David Fleay Wildlife Park

Lesser known but just as great, David Fleay Wildlife Park offers something for the whole family. The park has a focus on Queensland native species, particularly those that are threatened or rare to see in the wild. Nestled in the heart of Burleigh Heads, enjoy a stroll through the rainforest and bushland, with the opportunity to see the bridled nailtail wallaby that was thought to be extinct for over 30 years.

Further information can be found at parks.desi.qld.gov.au/parks/david-fleay



Pizzezy Park Pump Track

Pizzezy Park in Miami is home to the Gold Coast's first asphalt pump track, a beginner friendly bike, scooter, skateboard and inline skates course. This track opened in May and is made up of a sequence of undulating rhythm sections that form into a loop. Instead of pedalling or pushing, riders progress through the course by sustaining momentum by 'pumping the rises and falls of the track.' This track comes as a welcome addition to the pre-existing world-class skate park.

Unique experiences



Tamborine Rainforest Skywalk

Head a little north and check out the beautiful Mount Tamborine. There are a variety of little cafes, markets on the weekends, and beautiful lookouts where you can watch the sunset over the Gold Coast hinterland, but you can also head to Tamborine Rainforest Skywalk for a new eco-adventure. The walk totals 1.5kms and is both on ground and upon steel bridges with the highest point 30 metres above the creek, giving you a unique and beautiful view of the creek and rainforest below.

Check out skywalktamborine.com for more information.



Surfer's Eye (aka Pterygium)

by Rosine Ung, Burleigh Optometrists



As the weather cools down, we are fortunate on the Gold Coast to have a climate that is still warm enough to enjoy the beautiful outdoors and sunshine. Our year round sunshine makes Queenslanders the most likely to be affected by Pterygium (Surfer's Eye) in Australia.

Surfer's Eye has its nickname due the fact that surfers encounter the three main causes for formation of the

condition: repeated exposure to UV light, wind and dust over time.

It can present on one or both eyes and is usually located on the nose side of the eye. Surfer's Eye is a condition where there is a fleshy, wedge-shaped overgrowth of the conjunctiva (the clear membrane on the whites of the eyes) onto the clear dome in front of the eye called the cornea.

This overgrowth may cause distortion of the surface over time and may become advanced enough to require prescription spectacles for vision correction or surgery for removal.

Surfer's Eye can cause a number of symptoms such as itchy or dry eyes, irritation, redness and swelling of the

conjunctiva and blurry vision. Managing the physical discomfort can be done by using artificial tears regularly and protecting the eyes from the environment by wearing glasses.

If your symptoms cannot be managed with artificial tears, it is best to see your local optometrist for an assessment for further advice and management. Your optometrist will also be able to refer you to see an ophthalmologist if you require surgery for removal.

To reduce your risk of forming Surfer's Eye or to slow down the growth, sun protection is vital even in the winter months. Wearing sunglasses and a hat whenever you are outdoors can significantly reduce your exposure to UV light, wind and dust.



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Go dry this July



Now that we're well and truly in winter, the amount of outdoor activities we partake in has begun to dwindle. Choosing to instead stay indoors, we might go to a pub, have some drinks at home or at a friend's house. However, if you're seeking healthier ways to embrace the winter season and perhaps taking a break from alcohol, consider participating in Dry July.

Dry July is an initiative that encourages people to give up alcohol throughout the month of July. There are many benefits to going sober, even if you're not a frequent drinker. Cutting out alcohol can help with a range of things, including:

Improving your sleep

As alcohol disrupts the natural sleep cycle, eliminating it can lead to deeper, more restful sleeps.

Stabilising your weight

Going alcohol-free can help stabilise your weight as alcoholic beverages are often high in empty calories, and cutting them out can make it easier to maintain or even lose weight.

Becoming more energised and focused

If you cut down or cut out alcohol, you'll most likely find yourself more energised and focused as alcohol can leave you feeling sluggish and foggy for days following your last drink.

Saving money

Skipping cocktails, wine and beer can lead to significant savings, which is a welcome bonus during the cost of living crisis.

You don't have to do Dry July alone as the Dry July Foundation hosts a fundraiser each year. Monies raised as part of the campaign are directed towards services for cancer patients, their families, and their carers. So, by participating, you're not just improving your own health, but also contributing to the wellbeing of others who are facing significant challenges.

Head to: dryjuly.com to sign up and learn more.

Regional Disability and Seniors Expo



In regional Australia, people living with a disability and their carers struggle to find the same resources as those who live in larger cities. Why? Often, it's down to not knowing what local services and support are available, leaving them going without or unnecessarily travelling long distances to metropolitan areas.

But the good news is there are often more resources available to them than they realise. They just need to know where to look.

Regional Disability Expos (RDE) plus bonus Seniors Expos are unique events aimed at bringing the disability community together to celebrate life, age, empower, learn, share and experience latest technologies through a large variety of exhibitors under the one roof.



This July, RDE is coming to Byron Bay where there will be a wide range of services and suppliers available for people in the disability and aged care sectors. This Expo aims to bring the disability community together to celebrate, empower, learn, share and experience the latest technologies available to people living with a disability and their carers.

Regional Disability and Seniors Expo 2024

When: Friday, 5 July

Where: Cavanbah Centre, 235 Ewingsdale Rd, Byron Bay

For more information, contact Sharon on ph: 0402 836 213, sharon@disabilityexposc.com.au or go to: disabilityexposc.com.au to register your attendance for free.

Gardening secrets: hydrogen peroxide



For avid gardeners and plant enthusiasts, maintaining the health and vibrancy of plants can be a rewarding yet challenging task. An often-overlooked secret ingredient that can transform the well-being of your garden and indoor pot plants is hydrogen peroxide. This common household item offers multiple benefits, particularly during the winter months and in unique climates like those found across the Gold Coast.

What is hydrogen peroxide?

Hydrogen peroxide (H_2O_2) is a chemical compound consisting of two hydrogen atoms and two oxygen atoms. It's widely used as a disinfectant and bleaching agent. However, its applications extend beyond household cleaning - hydrogen peroxide can be a game-changer in plant care.

Benefits for your outdoor garden

Soil aeration and root health: Hydrogen peroxide releases oxygen when it breaks down. Adding a diluted solution of hydrogen peroxide to your garden can help improve soil aeration. This is particularly beneficial for compacted soils, as it allows roots to breathe more easily, promoting stronger and healthier root systems.

Disease prevention: Hydrogen peroxide has antifungal and antibacterial properties, making it effective in preventing common plant diseases. By spraying a diluted solution on plant leaves, you can protect them from fungal infections such as powdery mildew and root rot.

Pest control: A mild hydrogen peroxide solution can deter pests. It acts as a natural insecticide, keeping your garden free from harmful insects without the need for harsh chemicals.

Benefits for indoor pot plants

Oxygen boost: Indoor plants often suffer from lack of adequate airflow, especially during winter when windows and doors are kept closed. Hydrogen peroxide can provide an essential oxygen boost to indoor plants, promoting healthier growth and more vibrant foliage.

Root rot treatment: Overwatering is a common issue with indoor plants, leading to root rot. A diluted hydrogen peroxide solution can help combat this by oxygenating the roots and killing the bacteria that cause rot.

Leaf shine and health: Spraying a hydrogen peroxide solution on the leaves can keep them clean and free of dust. It also helps in preventing and treating leaf spots and other minor infections.

Application tips

There are a few different application methods of using hydrogen peroxide in your garden and indoor plants. See below a comprehensive list of how to make your plants thrive.

Dilution: Mix one part hydrogen peroxide (3% concentration) with 10 parts water. This creates a safe and effective solution for most applications.

Soil treatment: For soil aeration and root health, water your plants with the diluted solution once a month. Ensure the soil is moist but not waterlogged.

Foliar spray: Use a spray bottle to mist the leaves with the solution once every two weeks. This helps keep pests and diseases at bay.

Winter care in Australia: Australia's varied climate means that some regions experience mild winters while others can be quite harsh. During winter, indoor heating can dry out the air, affecting indoor plants. Using hydrogen peroxide can help maintain humidity levels and prevent winter stress on plants.



Transitioning your garden and bonsai into winter

by the Gold Coast Bonsai Club



It's time to give your bonsai and garden a little TLC to get them through the next few weeks until spring arrives. Here are some essential tips to help your plants thrive during the colder season.

Root pruning

For your bonsai, root pruning should be stopped once night temperatures consistently drop below 10 degrees celsius. However, you can still prune the roots of junipers, elms, swamp cypress, and camellias and azaleas (especially if they are flowering or have just finished flowering) if you are confident in your aftercare abilities. If you're unsure, it's best to wait until it warms up again to avoid stressing the plants. For garden plants, consider trimming back any dead or diseased roots and refrain from major root work until the spring.

Watering

Both your bonsai and garden plants will need a careful watering regimen in winter. Continue watering, but reduce the amount according to the plants' needs. Deciduous species, in particular, will require much less water as they enter dormancy. Regularly check the soil moisture to avoid overwatering and ensure proper drainage in garden beds and pots.

Positioning

During winter, positioning your bonsai in full sun is ideal. The lower temperatures and reduced sunlight mean that your trees will benefit from as much light as they can get. Similarly, move sun-loving garden plants to spots where they can receive the maximum amount of sunlight during the day.

Styling and maintenance

Winter is an excellent time for styling your bonsai. Check that the wire has not cut into your trees, and before applying new wire, avoid watering the tree for a day or two to reduce brittleness in the branches. Wire can be left on for extended periods, and by the time growth resumes in spring, branches may set as desired. Winter is also a great time for carving work on bonsai.

For garden plants, the best time to prune deciduous trees is when they are dormant, usually in late winter or early spring, just before new growth starts, and mulching around the base of plants to protect their roots from cold temperatures.

Pests

Winter makes it easier to spot pests on bonsai and garden plants, particularly on deciduous trees. For bonsai it is advised to spray your trees with a diluted solution of lime sulphur (15-20 ml in 1 ltr of water) as a preventative measure. This can be done each May, June, and July while temperatures are below 25 degrees celsius. Regular inspection and treatment will help keep your plants healthy and pest-free.

General garden care

In addition to the above tips, there are several other gardening tasks to keep in mind during winter. Clean and sharpen your garden tools, check that garden beds and containers have adequate drainage. Here on the Gold Coast we are still able to still grow some great veggies and herbs in winter but it's also a good time to plan for spring planting, order seeds and bulbs, and prepare garden beds for the next growing season.

Enjoy the outdoors

Take advantage of the cooler weather to spend time outside with your bonsai and in your garden. Winter is a beautiful time to appreciate the structure and form of your trees and plants without the distractions of foliage and flowers.

If you would like to know more information about the Gold Coast Bonsai Club, see our website: goldcoastbonsaiclub.com.au or visit us at our next Club meeting in Carrara.

We look forward to seeing you there.

The Gold Coast Bonsai Club

When: 10am-4pm, every second Saturday of the month.
Where: The Carrara Community Centre.



Plastic-free July

Reedy Creek Waste & Recycling Centre



Pictured: Green and yellow-lid bins. Source: Gold Coast City Council.

This month is Plastic Free July, the perfect opportunity to re-think your waste and implement some changes to lifestyle. If you're not too sure where to get started, here are some simple tips.

Rigid, firm and flexible plastic containers can be recycled in your household yellow topped recycling bin (eg milk and shampoo bottles, berry punnets, biscuit trays, yoghurt and margarine containers).

Bubble wrap is a soft plastic, it cannot be recycled. Some schools/kindergartens accept clean bubble wrap for class projects.

Plastic bread tags, cable ties and bottle tops are too small for the materials recycling facility processing machines. Some charities collect for recycling or you can make sure they are attached to your bottles when recycling.

A triangle with a number inside (1 to 7) stamped on a plastic container or bottle is called a Plastic Identification Code. This code identifies the type of plastic used to make the product. It is not necessarily a recycling label and it does not mean the item can always be recycled. People often confuse the Plastic Identification Code for the global recycling symbol (Mobius Loop), which looks like three chasing arrows. Numbers 1-4 are generally always recycled in your yellow topped bin. Numbers 5-7 contain a variety of harder to recycle products and it's best to check with local recycle centres.

So for the month of July, investigate your plastics to see more closely what you use as a household. Your local recycling centre is a great source of information and can offer guidance while you're there, so come and visit us – with or without your unwanted items – to the City of Gold Coast facilities at the Reedy Creek or Molendinar Waste and Recycling facilities. While you're here, we also have our Reedy Creek Recycle Market, where shoppers can pick up incredible bargains, while funds help Endeavour Foundation support people with disability to turn possibilities into reality.

This year so far, the Reedy Creek Recycle Market has reduced landfill by around 520 tonnes by reusing donations. It's the most effective way to help reduce landfill.



Comprehensive skin cancer detection and treatment




Dr Paddy McLisky



Dr Jamie Pearce

Helios Skin Cancer Clinic

6/130 Jonson Street, Byron Bay, NSW 2481

 Monday to Thursday: 8:00am - 4:00pm

 www.heliosskincancerclinic.com.au

 02 56329900



Watergum: TurtleWatch volunteers needed



From November to April each year, sea turtles can be found nesting in Southeast Queensland, including Burleigh's beaches.

During this period, mature turtles come ashore to lay eggs, and after about two months of incubation, the hatchlings emerge. Traditionally, sea turtles have preferred the quieter beaches further north for nesting. However, with the warming seas, they are starting to nest further south, leading to an increasing number of nests on Gold Coast beaches.

In response to this growing phenomenon, Watergum partnered with the Sea World Foundation to launch TurtleWatch. This initiative aims to raise awareness about nesting turtles on the Gold Coast and to recruit volunteers to help locate and monitor active nests.

TurtleWatch volunteers, also known as Turtle Walkers, play a crucial role in the program. Their primary activities include monitoring beaches for nesting activity, actively monitoring nests, and participating in habitat restoration efforts such as beach cleans and dune plantings. The data collected by these volunteers on nesting activity is invaluable, contributing to databases and aiding in the conservation efforts for these endangered species.



The partnership between Watergum and Sea World Foundation has been instrumental in increasing public awareness and involvement in sea turtle conservation on the Gold Coast.

As more people join the TurtleWatch program, the collective effort has led to better protection of nesting sites. The community's involvement not only aids in data collection but also fosters a deeper connection to the local marine environment and the challenges it faces.

Anyone can become a Turtle Walker and make a significant contribution to turtle conservation. If you already enjoy morning walks on the beach, you can easily integrate turtle monitoring into your routine. By keeping an eye out for nesting activity, you can help ensure the protection and success of sea turtle nests.

If you would like to get involved in the upcoming season please head over to Watergum's website at watergum.org or email the TurtleWatch team today at turtlewatch@watergum.org





RSPCA pets of the month



Name: Missy
Age: Seven years
Breed: American Staffordshire Bull Terrier cross
Gender: Female
Health check: Desexed, microchipped, vaccinated, wormed and flea treated
Adoption price: \$450

Hello, I'm Missy. I came into the RSPCA with my puppies in tow. It's now my turn to find a caring forever family. I have soulful eyes and a massive heart, full of love to give. The great thing about adopting a mature dog is that I already know the ropes; I know how to sit, enjoy my treats, and am toilet trained. I'll easily weave my way into your heart. I adore leisurely walks if you're looking for a walking buddy, but I'm also content snuggling up indoors for some quality time. I'm very much a dog that loves being a part of your family. What do you think, am I your pawfect match?

Available from: Brisbane Animal Care Campus
– 139 Wacol Station Rd, Wacol. Open Tuesday-Sunday.

Apply online to adopt: rspcaqld.org.au/adopt

RSPCA adoption line: 1300 364 443

If you'd like to see your pet featured in *The Burleigh Wave*, email us at editor@theburleighwave.com.au



Name: Keeta and Nephi
Age: Seven years and four years
Breed: Domestic Short Hair cats
Gender: Females
Health check: Desexed, microchipped, vaccinated, wormed and flea treated
Adoption price: \$370

Hi there, we are Keeta and Nephi, two bonded cats looking for a new home together. Our new ideal home would be one where we can live the quiet life and watch the world go by. We are very content with the indoor life and adore spending our days napping or sitting by your side on the couch, perhaps enjoying a movie together? We love people and are super affectionate felines. If you're after a couple of easy-going companions, can we come and live with you?



Animal Welfare League QLD

In the landscape of animal welfare organisations, one name stands out for its relentless dedication and diverse approach to compassion: the Animal Welfare League Queensland (AWLQ). Beyond the surface, AWLQ is more than just a rescue shelter; it is a beacon of hope, a community hub, and a driving force for positive change in the lives of animals and humans.

For the past 65 years, the organisation has provided a safe haven for over 175,000 surrendered and stray animals. The average cost to care for an animal is \$750 - and that's a straightforward case. The organisation never recoups those costs. AWLQ relies heavily on the generous support of their donors to be able to continue to do their lifesaving work.

At its core, AWLQ is committed to the welfare and protection of animals across Queensland. What many may not realise is the extent of their reach and the breadth of their services. Yes, they rescue and rehome animals, but their impact extends far beyond the shelter walls.

One of AWLQ's most notable initiatives is their Community Vet Clinics on the Gold Coast, Brisbane and Ipswich, which provide vital veterinary services to pet owners who may not have access to affordable care. These clinics not only ensure the health and well-being of beloved pets but also alleviate financial burdens for families who may be struggling to make ends meet.

AWLQ operates a wide network of op shops, serving as not only a source of funding but also a sustainable way to support their mission. These shops provide a treasure trove of exceptional goods for bargain hunters, all while raising much needed money for the organisation. The op shops are always in need of quality goods and welcome members of the community to provide donations to any of their sites.

But it's not just about raising money. It's about raising



awareness, education and fostering a sense of community around their cause. From marathons to corporate sponsorships, each fundraising event serves as a reminder of the collective power we possess to make a difference in the lives of thousands of shelter animals in need every year.

However, AWLQ can't do it without your help. They receive no government funding for their welfare work and rely on the generosity of the public to help them save many animals every year.

The AWLQ Tax Appeal is on now and every gift over \$2 is tax deductible. If you can, please donate at awlqld.com.au

From shelter to home, they can't do it alone.

Currumbin Wildlife Hospital koala update



The Currumbin Wildlife Hospital is one of the busiest hospitals in the world. Each year, the hospital treats approximately 14,000 sick and injured wildlife, some of which are their koalas.

The local wild koala population is now listed as endangered, with the hospital admitting over 600 wild koalas every year. Around 80% of koalas admitted have a disease or an underlying subclinical disease. The two major diseases affecting them are koala chlamydia and koala retrovirus.

Meet Double Dip, one of the precious koalas in the Koala Chlamydia Vaccine Research Program. Vet Abby and Vet Nurse Tash are looking after Double Dip's workup/medical procedure.

Koala admissions are the highest they've been in three years, with a 20%

increase since 2022. The success of this Research Program will reduce patient numbers in the long term. This research now includes 53 koalas and 30 joeys that have been born into the program. The team is proud to have vaccinated over 350 koalas against chlamydia.

The Currumbin Wildlife Hospital accepts animal patients daily between 8am – 5pm. For any enquiries, give them a call on ph: 5534 0813 or send an email to: vets@cws.org.au. You can help save koalas like Double Dip by heading to: currumbinwildlifehospital.org.au

Palm Beach Currumbin Cricket Club



*Pictured: PBC Cricket Club Coach, James McNeil.
Source: Facebook / pbccricket*

Even though the cricket season may be over, the good times haven't stopped for Palm Beach Currumbin Cricket Club (Lions). PBC Cricket Club is excited to announce that James McNeil has re-signed on as Club Coach for the upcoming 2024/2025 season. James has been an integral part of the senior program since 2021/2022, having served as the Senior Coach in the previous two seasons.

James's contribution to the Club will develop further into 2024/2025 with his role expanding into our juniors where his coaching skills will aid in the development of the next era of Lions.

You can catch James and the PBC Cricket Club at their upcoming season starting in September for the seniors and in October for the juniors up until March 2025. For more information on the Club, head to Facebook / pbccricket

Dragons Abreast Gold Coast: come and try

by Monica Kelly



Although our team strives for Gold, our team is just as happy with pink. We are Dragons Abreast Gold Coast, a paddling team consisting of breast cancer survivors and supporters. If you're ever down by Currumbin Creek and you see a splash of pink going by, maybe you'll also hear some laughter and singing; that's us training hard. And we'll also be wearing pink.

Although we like to have fun, and we do, we're still competitive. We race against teams in Queensland, interstate and sometimes overseas. We recently competed in the Australian National Championships in Perth and have qualified to compete in the World Club Crew Championships in Italy in September, 2024. DAGC will be the only Senior C women (60 plus) representing Australia in this category.

We consider ourselves winners just by being in the boat. Because the real race, the tougher one, is against cancer. We race to increase awareness of the disease, to promote early detection and to show there is a life after a cancer diagnosis. It's also been proven that the sport of dragon boat paddling has positive medical benefits to breast cancer survivors.

Our boats hold 20 paddlers, each with their own paddle, sitting side by side – plus a sweep and drummer to keep the beat of the paddlers and of our hearts. In a boat you will find men and women ranging from 20 plus years up to 80 plus. You do not need to be a survivor to join our Club. As long as you embrace our cause, everyone is welcome. You are sure to benefit from the exercise and friendship, along with gaining a sense of achievement as you paddle.

Winter training sessions

Sundays 8am – 9.30am with morning tea provided

Tuesdays 8am – 9.30am

Durigan Street, Currumbin (between tennis courts and RSL)

Phone: 0413 200 368

Email: webdagc@gmail.com

For more information visit: dragonsabreastgoldcoast.com.au

Paris Olympics: 26 July - 11 August



Pictured: Paris 2024 decorations in Paris. Source: Olympics.com

The 2024 Olympic Games are to be held in Paris from 26 July until 11 August. Paris is now the second city to host a third Olympics, joining London. The Opening Ceremony takes place on 26 July, but a handful of other events, such as handball, archery, football and rugby will commence two days prior on 24 July.

The Australian team is expected to send over between 460 to 480 athletes competing across 35 sports in 329 medal events. Within these homegrown competitors, a large number of Gold Coasters are headed to Paris, including Milena Waldmann and Zoe Poulis as part of the Artistic Swimming Women's team; Genevieve Gregson as part of the Athletics team; Jackson Collins, Jean van der

Westhuyzen and Thomas Green as part of the Canoe Sprint team; Hayley Raso, Mackenzie Arnold and Tameka Yallop as part of the Football team, with more to be announced leading up to the Olympics.

The Opening Ceremony will see athletes travel down the Seine on boats, allowing up to 600,000 spectators to line the riverbanks and cheer on athletes for free. Some of the sporting events will be hosted at iconic locations. The Beach Volleyball will take place at courts directly in front of the Eiffel Tower, and the Chateau De Versailles will host the Equestrian and Modern Pentathlon competitions.

Funnily enough, the surfing event will be held at Teahupo'o in Tahiti, making it the greatest distance an Olympic event will be held from the host city.

This year's Olympics see a few big changes, with the emblem for both the Paris 2024 Olympic and Paralympic Games being identical; and on the same day as the Olympic marathon, an 'open' marathon race for amateur public athletes will occur. This special event will be held separately, but will follow the same course and conditions as the Olympic race event.

Get ready to support Australia at the end of the month and catch it live on the Nine Network.

The full event program is available on: olympics.com.au

Kirra Longboard Klassic: 26 - 28 July



Pictured above: Kirra Longboard Klassic event poster

Pictured right: Stefan Vogel at the 2023 Kirra Longboard Klassic. Source: Facebook / Kirra Longboard Klassic

The Kirra Longboard Klassic is back Friday, 26 to Saturday, 28 July where the best of longboard surfing and the surfing lifestyle come together. This jam-packed event honours Kirra's (and the Gold Coast's) passion for the ocean with top-tier surfing competitions on the renowned waves of Kirra.

The Kirra Longboard Klassic is more than just a surfing contest. It features a diverse array of cultural, entertainment, lifestyle, and environmental activities. Keep an eye out on the waves as the event attracts elite surfers from across the globe.

There is an array of activities, workshops, and displays occurring over the weekend, including an Environmental Activations workshop where long-term volunteer for Gecko Environmental Council, Cate Ware, will share insights on boosting the community's commitment to safeguarding the precious Gold Coast beaches. There's also a surfers with disabilities display on Sunday morning, surf lessons with Kirra Point Surf School, fancy dress surfing where surfers are awarded prizes for their most creative costume, and much more.

When: Friday, 26 July to Sunday, 28 July 2024

Where: Kirra Beach, Queensland

Find out more about the Kirra Longboard Klassic at: kirralongboardklassic.com



Embracing the year of the Dragon

by Kim Hardy, Gold Coast Dragon Boat Club



The Gold Coast Dragon Boat Club can be found paddling on beautiful Lake Orr at Varsity Lakes three times a week, training for fun, fitness and their next competition.

The Club was founded in 1991 and many of its founding members were Gold Coast City Council employees. Since then, the Club has been successful and competed in every Australian Championship since their debut in Sydney in 1993.

This year the Club took a large team of 58 paddlers, ranging in ages from 12 to 77 to the Australian Championships held in Perth WA. Gold Coast Dragons were a sea of blue and gold on land, on water and on the podium, bringing home nine gold and three silver medals and dominating as one of the top Australian masters' clubs.

Twenty-four Gold Coast paddlers also represented QLD, in State Divisional teams as coaches, managers and paddlers, competing in the State v State competition. Finals were reminiscent of State of Origin rugby, with QLD and NSW battling it out.

Dragon Boating is an ancient Chinese sport and has been around for over 2,000 years. It is embraced by countries around the world for its teamwork, community, fun and fitness. If you're looking for a new challenge, want to improve your fitness, or just want to meet new people, Gold Coast Dragons host Come and Try sessions, with the next to be held on 29 June and 13 July.

You can learn more from the Gold Coast Dragons website: goldcoastdragons.com.au or contact the Club Secretary for further information: secretary@goldcoastdragons.com.au

Palm Beach Soccer Club



Established in 1966, Palm Beach Soccer Club has developed into one of the largest sports clubs on the Gold Coast. The Club offers a wide range of activities, from catching up with friends and family at their licensed Club, monthly quizzes, weekly musical bingo, live music and of course, soccer.

Along with the above, Palm Beach Soccer Club offers up a few special programs for their community.

The Accessible Football Program is a fully supported, free community program for special needs kids and adults at Palm Beach Soccer Club. Run by Michael Thwaite, Accessible Football sessions take place on the first Sunday of the month from 10am



to 11am.

Girls United is a female football program for those looking for a low commitment, low cost, social football activity. The program helps players improve their fitness and football skills and can also be a pathway to enter or return to traditional 11 v 11 football. Girls United is hosted on Wednesday nights from 6.30pm to 7.45pm.

For sign up information, head to: palmbeachsoccerclub.com.au



Monthly book reviews

Foreword by Emma Marie Watson, reviews by Candice and Paula, Big B Books

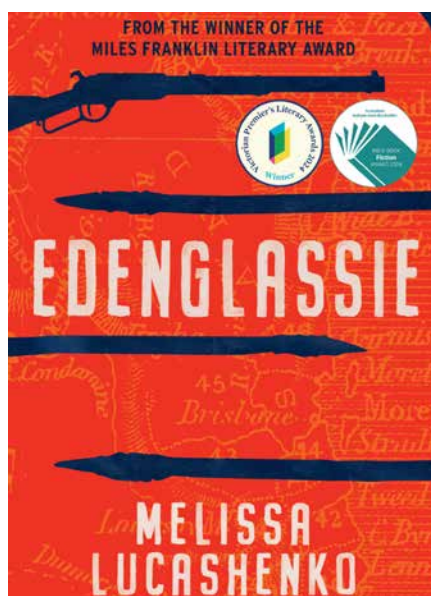
With NAIDOC week occurring this month between 7 - 14 July, we wanted to take the opportunity to share with you some great books written by Aboriginal and Torres Strait Islander authors who celebrate and educate their readers on Indigenous culture within Australia.

Melissa Lucashenko, who wrote *Edenglassie*, is an acclaimed Aboriginal writer of Goorrie and European heritage. *Edenglassie* is Melissa's latest novel, but she has a plethora of published works appearing in various publications such as *Meanjin*, *Griffith Review*, and her 2018 novel, *Too Much Lip*, was the winner of the 2019 Miles Franklin Award.

Brenda Matthews, author of the memoir *The Last Daughter* is a proud Wiradjuri woman as well as a speaker, director, and is the co-founder of Learning Circle Australia, where she empowers educators and young people through Indigenous education, book resources and storytelling to honour the richness of Indigenous Australia. Not only did Brenda write *The Last Daughter*, but she also co-directed the eponymous film that can be watched on Netflix.

Dr Mykaela Saunders, who you can read being interviewed on page 30, is a proud Aboriginal author whom we recommend reading. Further details about her new book, *Always Will Be*, can be found in her interview as well as information about her anthology, *This All Come Back Now*, which is a collection of Aboriginal and Torres Strait Islander speculative fiction.

These are just a few of many Aboriginal and Torres Strait Islander authors out there. Reading, learning and engaging with texts by Indigenous peoples helps foster a society where their wisdom and contributions are fully valued and respected.



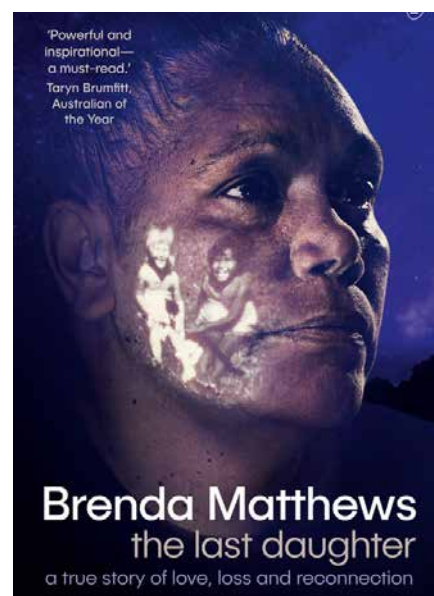
***Edenglassie* by Melissa Lucashenko**

In 1854, Mulanyin, a young Saltwater man from Yugambah country travels to Magandjin (Brisbane) for ceremony at the Woolloongabba Bora. He then meets and falls in love with Nita, a Ngugi woman, while also facing the horrors and injustice of white colonisation.

Five generations later, in 2024, Winona and Dr Johnny are caring for Winona's 100-year-old Nan, Eddie, who is recuperating from a fall in a Brisbane hospital. With all three impassioned on their own Indigenous journeys, the story culminates in the meeting of past Saltwater legacies with their own lives, in spectacular ways.

The historical learnings about a time in Brisbane where the numbers of Aboriginal and white people were almost the same are absorbing, as well as the wider connections made between the Saltwater people throughout the Moreton Bay District.

Themes of Indigenous and colonial history, generational connection, belonging and love are all conveyed through brilliant storytelling.



***The Last Daughter* by Brenda Matthews**

The memoir *The Last Daughter* follows the journey of local Aboriginal woman Brenda Matthews, as she rediscovers her past. One of the Stolen Generation, Brenda, along with her siblings, was taken from her parents as a young child, and placed with a white family. Years later she is the last daughter to be returned to her Aboriginal family. Caught between both worlds, as an adult Brenda uncovers the truth about her past. As she remembers her foster family, and the love between herself and her white sister, she unites both her families.

Brenda's story is a moving, true account of disconnection, reconnection, loss and hope. I found her story to be lovingly told with a strong focus on family connection, of finding the place where you belong culturally and emotionally, and of reconciling the past to find happiness. The connection to local regions, especially Tallegbudgera Creek, is beautifully tied to Brenda's story of rediscovery and healing while also providing me with insight into the Indigenous connection to place and its story.



At the movies

with Milt Barlow

Welcome to winter and an eclectic bunch of new movies. I always love July because we finally to get some of the big flicks that have been held back for the USA summer. Although this year, Hollywood studio chiefs got a big headache with the US Memorial Day weekend recording its worst box office in nearly 30 years - ouch.

One of my favourites has got to be *The Bikeriders* (4 July). This genre of movies seems to have been missing for quite a while and the gritty biker movie delivers the punches. Starring Austin Butler, who played *Elvis* in the Baz Luhrmann movie, Jodie Comer (*Killing Eve*) and the always fabulous Tom Hardy, it tells a fictional story inspired by The Outlaws MC, a notorious motorcycle gang of the 1960s. Rising from a group of misfit motorcycle enthusiasts they evolve over a decade into a violent crime syndicate. It's gritty and tough but a good watch.

On a totally different theme, check out *Fly Me To The Moon* (11 July). With an all-star cast of Scarlett Johansson, Channing Tatum and Woody Harrelson, the romantic comedy drama follows the relationship between a marketing specialist and a NASA director during the 1960s space race. It moves along at a cracking pace and is a nice way to lose yourself for a few hours.

11 July also sees the release of *Kinds Of Kindness*, directed by Yorgos Lanthimos (*Poor Things*, *The Favourite*, *The Lobster*) with a great cast headed up by Emma Stone and supported by William Dafoe and Jesse Plemons. This quirky movie revolves around three stories of a man who tries to take control of his life, a policeman whose wife seems like a different person and a woman who searches for someone with a special ability. It's the sort of crazy off-the-wall movie you would expect from this director. Jesse Plemons took out the Best Actor award at the recent Cannes Film Festival for his role. If you're a fan of this director this one is for you.

Grab your tickets for *Twisters* (17 July) if you love big Hollywood special effects movies. It's a storm chaser movie on steroids which follows the story of a group testing a groundbreaking storm-tracking system and a reckless social media superstar who thrives on posting his storm-chasing adventures. Forget the plot, just go for the crazy special effects.

The Marvel universe has been a bit lacklustre of late but Yellow vs Red is back with *Deadpool and Wolverine* (25 July). Hugh Jackman returns as good as ever in this franchise as Wolverine with Ryan Reynolds as Deadpool. This is actually the 34th movie in the Marvel Universe and it's one of their strongest franchises. Set as a sequel to *Deadpool* (2016) and *Deadpool 2* (2018) it shows there is still life in the Marvel universe yet.



Tricky trivia

1. How do sea otters keep from drifting apart while they sleep?
2. How many balls are on a pool table at the start of a game?
3. In the harbour of which city was the Greenpeace flagship *Rainbow Warrior* sunk in 1985?
4. TRUE OR FALSE - The Gold Coast has more canals than Venice?
5. Who created Winne the Pooh?
6. Which Australian city is hosting the 2032 Summer Olympics?
7. When was the DVD invented?
8. What animal consumes about 33% of its body weight in a single meal?
9. Where is the Kokoda Track located?
10. What is the last letter of the Greek alphabet?

Ready to be riddled?

You see a boat filled with people. It has not sunk, but when you look again you don't see a single person on the boat. Why?



Bluey and The Blues

by Billy Bob Thoughtson

With the State of Origin series underway, I thought it timely to explore that ultra delicious topic of the QLD/NSW interstate rivalry. While sporting clashes are the iconic manifestations of this rivalry, its roots run deep. On the surface we see the competitive tensions everyday, not just the footy colours (Maroons vs Blues), but in things we say like swimming togs versus cossies, or drinking pots of beer vs a middies – and who will ever forget NSW people calling cheerios (red party sausages) ‘little boys’ apparently because it’s the cockney rhyming slang for saveloys.

Digging deeper, the fierce rivalry started back in 1824 when the Moreton Bay settlement was established as a penal colony for New South Wales’ worst behaved convicts. What a dastardly act that was, sending the worst southerners up here to God’s own country and letting them eat our Moreton Bay bugs for breakfast. But thankfully, free settlers were hot on their heels, and by the 1850s, the people of Moreton Bay asserted that the power base in Sydney was too Mr Darcy-like and too far away. So a call was made for the creation of a new glorious colony, and we petitioned the British Government to grant our request to be separate from those posh bastards in NSW. Thank goodness for that.

Since then, NSW keeps looking down its nose at us, often making fun of our intellectual capacity. They started calling us ‘banana benders’ when a plantation worker was asked by the Queen what his job was, he replied it was to put a Grecian bend into the banana as it’s half the banana’s charm and quite fashionable. Obviously as an intelligent Queenslander, he was referencing the curvaceous figures seen in the art of Ancient Greece. NSW then said Queenslanders can’t spell beer so write XXXX (aka Fourex) instead, and that the term Fourex is actually a brand of French condom. So they all laugh-out-loud when they hear the beer’s classic slogan, ‘I can feel a Fourex coming on’. However, the reality is Xs are used to indicate beer strength as per scientific tradition.

But the worst insult of all was the lyric taken from that Ethel Mermen song *Folks are dumb where I come from* (1946) that was thrown around on Aussie TV in the 80s as a kind of anthem about Queenslanders. In reality, QLD has made some of the most spectacular intellectual contributions, most notably in medical research, cancer treatments, quantum computing, environmental science and agricultural research. But oh no, these achievements get overlooked for a few cheap laughs at our expense. No wonder we are suspicious of southern things given all of this unfounded criticism. Ironically, in the last 50 years, thousands of southerners have moved to QLD because it’s a great place to live. It is the Sunshine State, after all.

Anyway back to the footy, I watched Origin 1 with my entire family. There were the usual debates about who would make the nachos, and who would bring the maroon flags, and despite the rough start for our favourite and most handsome

QLD player, we were delighted to see QLD’s latest tourism campaign about Bluey’s World ‘for real life’, starring our global hero Bluey and her family who call Brisbane home. Most of my family were rapt with the Bluey ad, and we all looked at each other with a smug smile that says ‘we live in the best state’. Then out of the Blue(y) our youngest family member, pipes up and says, ‘if Bluey is a Queenslander, why is her fur NSW Blue?’. There was a long pause, but thankfully Uncle Barry was worried about the second half starting, so he lined up his famous awkward-moment party trick, and pretended to choke on a corn chip. The game restarted and nothing else mattered – except QLD winning.

During the second half, I pondered why NSW is so annoying. It dawned on me they have this hubristic sense of superiority, always boasting about their large economy and population. Sydney is the shining beacon of their arrogance, yet it has become a toll city and they build tunnels and roads every five minutes with tax payer money. They then lease them out to foreign companies who toll you to death. This is the sort of thing that can make you unfriendly. In fact, a recent survey of world cities found Sydney to be the third-worst place on the planet for making friends.

When you think about it, the fierce rivalry between the two states is a good problem for Australia to have. It makes both states work harder at being better places to live, building bigger and better things. But I couldn’t help but wonder which state has the biggest GPT? No, not the AI chat bot ChatGPT, I’m talking about the biggest Gold Plated Turd, you know something that is dressed up to seem better than it is?

My candidate for NSW’s best chatGPT goes to the Western Sydney Airport at Badgerys Creek. This site was chosen by the Feds in 1986 to be Sydney’s second airport. Twenty-six years later, a 3,200-page joint Federal/NSW study concluded that Badgerys Creek was definitely the best site for a Sydney’s second airport. However, the development has been plagued with community opposition and logistical challenges. In December 2020, a light aircraft made an emergency landing at the construction site, making it the airport’s first arrival. Apparently the new airport will be open for business in 2026, some 40 years on from being first selected.

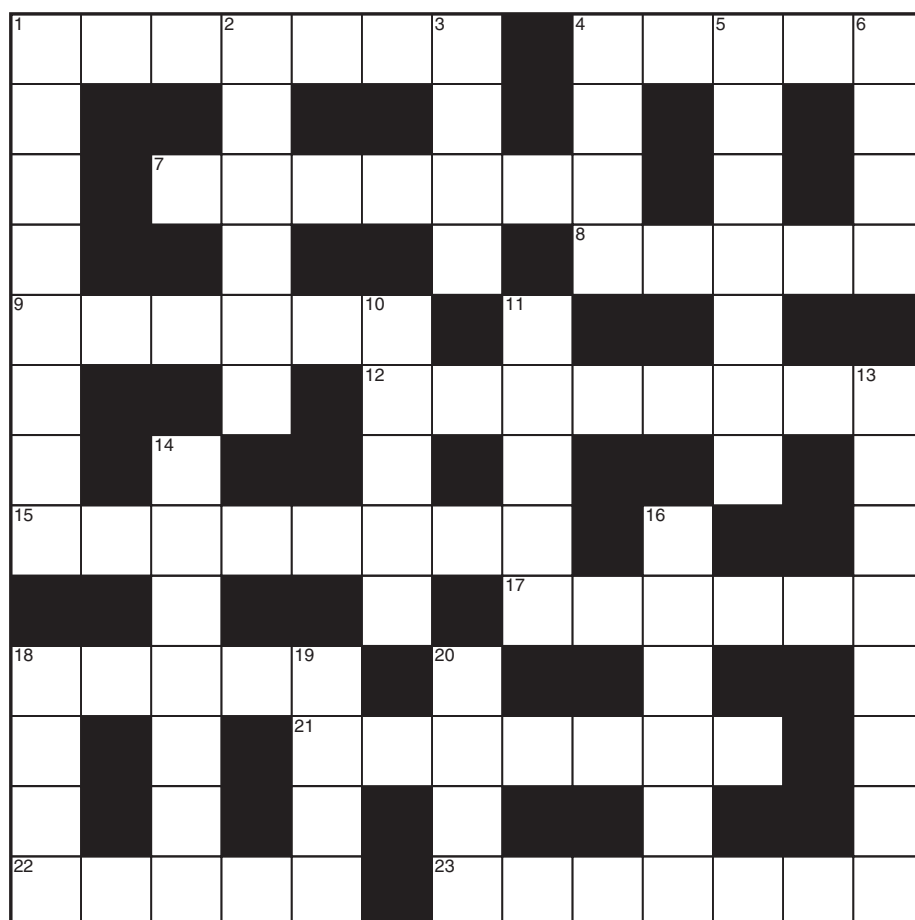
My candidate for QLD’s best GPT goes to...hmm...I can’t think of one right now. I’ll have to get back to you.

All jokes aside, we should embrace the fierce rivalry with NSW, it helps preserve and celebrate our unique histories and traditions, and the cultural identity of the two great states. The rivalry also has great entertainment value, it adds drama to sport, politics, and many other endeavours. The rivalry brings people together, creates bonds amongst friends, families and communities. Understanding the rivalry is an important element to being Australian. And if anyone tells your kids that Bluey is sporting NSW blue, you know what to say: ‘go the Maroons!’



July crossword

© Lovatts Puzzles



Across

1. Thick sugar syrup
4. Escape (capture)
7. Rebuked
8. Disreputable
9. Cushioned
12. Resurface
15. Negative consequence
17. Radio interference
18. Hang
21. Steady
22. Adjust camera lens
23. Lubricates

Down

1. Trodden
2. Shopping corridor
3. Whirlpool
4. Stops
5. Anonymous (source)
6. Glimpse
10. Await with horror
11. Chops wildly
13. Nuclear plants
14. Demonic
16. Curved fruit
18. Remove (hat)
19. Is mistaken
20. Open-mouthed

Trivia and riddle answers

Trivia

1. They hold hands.
2. 16
3. Auckland, New Zealand
4. True
5. A. A. Milne
6. Brisbane
7. 1995
8. Pelican
9. Papua New Guinea
10. Omega

Riddle

All the people on the board were married.



July horoscopes

by Patsy Bennett - patsybennett.com



Aries

July can bring a sense of fulfilment your way – not only in your personal life but also financially. However, you may be tempted to spend big, so be sure to keep an eye on your budget. Developments mid-July will provide insight into your true financial options.



Taurus

You'll enjoy investing in your own interests and past-times, and a sociable approach to others will broaden your horizons too. You may be drawn to travel, study and improving your relationships. The full moon on the 21st may bring a healing phase at home.



Gemini

Mars will join Jupiter in your sign and this will create a need for adventure such as travel, sports and spiritual development. A nostalgic phase or return to the past will appeal. The full moon on the 21st will encourage you to review your finances, especially past spending.



Cancer

Be proactive: look for ventures and activities you enjoy both at work and in your free time with people whose company you appreciate. You may even be drawn to join new groups and organisations and to make a fresh commitment either at work or in your personal life.



Leo

In July, your ventures will gather steam and you may be drawn to fresh territory at work or due to a change in status. A fated meeting or pleasant get-together will restore your faith in mankind. If things have been dramatic lately, you'll appreciate less drama in your personal life.



Virgo

Saturn retrograde will slow relationships down a little, and you may appreciate a less intense time. But if you prefer relationships to be full-steam ahead, you may need to be patient with others in July. A change of pace towards the full moon on the 21st will make way for favourite activities.



Libra

It's a productive time to focus on your own nurturance and well-being. Take time out when you can. The good news is that Saturn, Pluto and Neptune will help you to invest more in creating a solid and happy schedule that embraces both work and play and promotes a happy home.



Scorpio

July will be a good time to adjust your work-home balance as otherwise you risk spreading yourself too thin in both areas. You may need to make fresh arrangements at home around the full moon on the 21st. Consider floating ideas earlier in the month to avoid intense talks at the full moon.



Sagittarius

You'll enjoy a more light-hearted approach in your close work and personal relationships, so be proactive, collaborate and have fun. It will be a sociable time, and someone may even grab special attention towards the new moon on the 6th. It's a good month to recalibrate spending habits.



Capricorn

July is an excellent time to re-evaluate your primary relationships both at work and in your personal life, and to infuse them with more nurturance and mutual support. As you turn a corner in a key relationship, developments are likely to come to a head around the full moon on the 21st.



Aquarius

The new moon on the 6th will encourage you to turn a corner with your health and well-being schedule so that it suits you better. This may include a change in work schedule. The full moon on the 21st will illuminate a fresh path for you, so be ready to step into the new.



Pisces

July is a good month to look for more security in your personal life. This could be via a commitment or simply via securing finances. It's likely to be a busy or even unpredictable time mid-July and towards the 21st, so be sure to plan ahead to make the most of a productive time.

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from the ground up

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Chigozie Obioma (Nigeria/USA),
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Bryan Brown, Nick Bryant, Jennifer Byrne,
Ali Cobby Eckermann, Kate Ceberano, Trent Dalton,
Richard Flanagan, Candice Fox, Jan Fran,
Joëlle Gergis, Clive Hamilton, Yumna Kassab,
Meg Keneally, Royce Kurlmelovs, Nam Le, Bri Lee,
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